Hello!

Have you just moved to Lyon or the Lyon area? Has your company offered you the opportunity to take up new challenges here? Has your partner persuaded you to come here to further a career? A new city, a new life... where you will have to find your feet and explore a new environment.

With this guide book, Aderly aims to help you integrate during your adaptation period. It provides key information for your first steps as a «gone» (Lyonnais word for Lyonnais!) We have done our best to include useful contacts, insider knowledge and helpful addresses.

Emergency numbers, useful contacts, day-to-day information, administrative procedures, transport, international communities, culture, tourism, leisure, shopping... this guide book aims to be clear and helpful, and to become a vital part of your day-to-day life!

Welcome to Lyon!

We have taken every care to ensure that the information contained in this guide is correct at the time of going to press. However, it is not intended to be exhaustive. We accept no responsibility for any error or omission.
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SOME KEY STATISTICS ABOUT LYON:

➔ a population of 2.2 million in the urban area
➔ a population of 1.3 million in the agglomeration
➔ a population of 496,343 in the city itself
➔ a surface area of 487 km²
➔ 2nd largest city in France
➔ 1,500 decision centres
➔ 900 foreign capital companies of over 50 employees
➔ the 2nd largest employment centre in France, after Paris
➔ 54 higher education establishments
➔ 134,000 university students, of which 12% are foreigners

LYON:

➔ has been the silk capital since the 16th century
➔ is the place where cinematography was invented and the first film shown by the Lumière brothers in 1895
➔ is the cradle of the stock exchange, founded in 1595, which made the city a European centre for commerce and finance.
➔ is a busy meeting place, city of fairs and international trade shows
➔ is the capital of gastronomy
➔ is the home town of a number of «great Lyonnais», such as the Roman Emperors Claude and Caracalla; Ampère, the famous mathematician and physician; Jacquard, who invented the weaving loom in 1752; Marcel Mérieux, who founded the Institute named after him and is a world leader in biology; Paul Bocuse, internationally renowned chef, etc.
➔ has a football club, the Olympique Lyonnais, French Championship record holder with 7 consecutive victories between 2002 and 2008.
EMERGENCY AND USEFUL NUMBERS
USEFUL NUMBERS

Telephone directory enquiries
118 008
www.pagesjaunes.fr

Lyon en direct
Local authority information service
04 72 10 30 30

Tourist Information Centre
Help and information
04 72 77 69 69
Booking centre
04 72 77 72 50

Taxi services
04 78 28 23 23
Online booking
www.allotaxi.fr

SOS Urgences Maman
Emergency childcare service
04 72 11 69 11
Closed at weekends and during school holidays

Génap'Familles : childcare service
04 78 27 71 91
Phone helpline 8.30 am to 1 pm Monday to Friday
Childcare between 7:30 am and 7 pm

Emergency locksmith
04 78 29 29 29

Poison Centre
04 72 33 00 33

Central Police Station
04 78 78 40 40

Police Emergency
17
From a mobile phone (all networks)
112

Fire service
18

Préfecture
0 821 803 069

SAMU
Emergency ambulance service
15

Inter-bank payment/credit card cancellation service
0 892 705 705

Duty GP surgeries
04 72 33 00 33

☐☐☐

White pages
118 008
www.pagesjaunes.fr

Lyon en direct
Local authority information service
04 72 10 30 30

Tourist Information Centre
Help and information
04 72 77 69 69
Booking centre
04 72 77 72 50

Taxi services
04 78 28 23 23
Online booking
www.allotaxi.fr

Speaking clock
3669

Weather forecast
www.meteofrance.com

Road information in Rhône-Alpes-Auvergne
0 826 022 022

Traffic news
0 800 15 30 50
www.coraly.com

Lost property office
04 78 47 72 89

Municipal car pound
04 37 28 56 87

Maison des Avocats (lawyers)
04 72 60 60 00
Free consultation centre
04 72 60 72 72
www.barreaulyon.com

GDF (gas)
safety and repairs
0 810 60 20 20

Hospitals (number for all enquiries)
0 820 082 069

Out-of-hours dental emergencies
04 72 11 03 61

Emergency locksmith
04 78 29 29 29

Véolia Water (24/7)
0 810 000 777
Medical and hospital emergencies

State hospitals in Lyon are managed by the Hospices Civils de Lyon (HCL)
3 Quai des Célestins - 69002 Lyon
0 820 0 820 69
WWW.CHU-LYON.FR

Medical emergencies

SAMU (Emergency ambulance service) 15
SOS Lyon médecins emergency doctors (24 hours, 7 days) 04 78 83 51 51

Hospitals with Emergency departments:

Hôpital de la Croix-Rousse
103 grande rue de la Croix-Rousse
69004 Lyon
04 72 07 10 46
Reception open 8 am to 7 pm. No pediatric emergency department.

Hôpital Édouard Herriot Pavillon N
5 place d’Arsonval
69003 Lyon
Open 24 hours
04 72 11 69 53

Centre hospitalier Saint-Joseph Saint-Luc
10 rue Raulin
69007 Lyon
04 78 61 80 00
Open 24 hours
Languages spoken (depend on the staff available): English, German, Arabic, Armenian, Spanish, Italian, Greek, Portuguese, Vietnamese.

Hôpital Lyon Sud
Chemin Grand Revoyet
69310 Pierre Bénite
04 78 86 16 36

Specialist emergency centres

Poison Unit - Centre Antipoison
162 avenue Lacassagne
Block A - 4th floor
69003 Lyon
04 72 11 69 11

Major Burns Unit - Centres des grands brûlés

Hôpital Édouard Herriot Pavillon I
5 place d’Arsonval
69003 Lyon
04 72 11 75 98

Hôpital Saint-Joseph Saint-Luc
20 quai Claude Bernard - 69007 Lyon
04 78 61 80 00
Languages spoken (see Centre hospitalier)

Cardiology

Hôpital Louis Pradel
28 avenue du Doyen Lépine
69500 Bron
04 72 35 78 62

Dialysis

Centre Hémodialyse Hôpital Édouard Herriot Pavillon P
5 place d’Arsonval
69003 Lyon
04 72 11 01 59

Eye emergencies

Hôpital Édouard Herriot Pavillon C
5 place d’Arsonval
69003 Lyon
04 72 11 62 33

Dental emergencies

Hôpital Édouard Herriot Pavillon A
5 place d’Arsonval
69003 Lyon
04 72 11 03 61

Psychiatric emergencies

Hôpital Femme-Mère Enfant Groupement
Hospitalier Aile Est A1
59 boulevard Pinel
69500 Bron
04 72 12 94 72/73

Pediatric emergencies

For more information, visit the website WTO.CHU-LYON.FR
You should always see your designated GP first, who will, if necessary, refer you to a specialist. You may change your GP whenever you wish.

If you do not designate a GP, you still have access to treatment but your expenses will be less well refunded. This arrangement does not apply to: emergency situations, situations that arise when you are far from your home, consultations with gynaecologists, ophthalmologists, dentists and paediatricians.

The form you must complete to designate your choice of «médecin traitant/référent» can be downloaded from the health department website: www.ameli.fr («formulaires» section then «médecin traitant» section).

Consulates and embassies can help you find healthcare providers who speak your language.
SAFETY

Fire Service
18

Police
For any emergency situation, you can contact the police, day or night, by dialling 17, or 112 from a mobile phone.

In the event of loss or theft of documents, vehicles, etc., you should go to the nearest police station (commissariat) before 6:30 pm to make your statement and to receive advice on what you should do.

After 6:30 pm, you should go to the Hôtel de Police (Central police station):
40 rue Marius Berliet
69008 Lyon
04 78 78 40 40
**DAY-TO-DAY SERVICES**

**Repairs**
Solutions to your plumbing, electricity, locks, shutters and windows problems.

**Maisoning**
170 chemin de Paisy
69760 Limonest
Open 24 hours - 7 days
0 810 307 307 www.maisoning.fr

**Plumber**
Les Ouvriers Lyonnais
361 rue Garibaldi
69007 Lyon
Open 24 hours - 7 days
04 78 00 00 00

**Locksmiths**
Serrurerie Ducrest
4 rue des Forces
69002 Lyon
04 78 37 47 16
www.ducrest.fr

**Art et Fermetures**
12 rue Marc Bloch
69007 Lyon
04 72 72 91 91

**Dry cleaners**
There are dry cleaners in every part of the city for all budgets, from the most luxurious to the most basic. For dry cleaning, laundry services, leather and suede, soft furnishings and even accidental damage:

**Matagotte**
12 cours Franklin Roosevelt
69006 Lyon
04 78 24 73 10

**Pressing Saint Antoine**
18 quai Saint-Antoine
69002 Lyon
04 78 38 28 45

**Sequoia Pressing**
1 location in Lyon:
29 grande rue de la Croix-Rousse
69004 Lyon
04 78 27 03 24

29 grande rue de la Croix-Rousse
69005 Lyon
04 78 36 58 59

6 Place Edgar Quinet
69006 Lyon
04 78 65 91 52

**Laundrettes**
S.M.H.V
(self-service laundrette)
16 rue Mercière
69002 Lyon
04 78 38 21 19
127 rue de Sèze
69006 Lyon
04 78 24 71 71

**Pressing Guichard**
230 rue Vendôme
69003 Lyon
04 78 62 76 19

**Promoclean**
43 rue Chevreul
69007 Lyon
06 88 57 00 38
or 06 60 04 24 92

Area covered: Lyon metropolitan area and Bourg en Bresse.

**DIY and gardening**
A selection of the principal service providers:

**Botanic**
125 boulevard Stalingrad
69100 Villeurbanne
04 72 69 47 50
www.botanic.com

**ADS Les Briconautes**
260 cours Émile Zola
69100 Villeurbanne
04 78 68 36 42
www.ads-briconautes.fr
Shoe repairs
You will find shoe repair shops in every arrondissement of Lyon, as well as in many shopping centres railway and metro stations.

Cordonnerie 2000
102 cours
Albert Thomas
69008 Lyon
04 78 75 17 92

Cordonnerie Jacques
16 rue Bara
69003 Lyon
04 72 13 99 72

Maître Artisan
Cordonnier Bottier
Fritet Thierry
15 rue Notre Dame
69006 Lyon
04 78 24 23 03

Saxe Services
101 cours Gambetta
69007 Lyon
04 78 72 14 45

BHV
Centre commercial de La Part Dieu
69003 Lyon
04 78 62 32 64
www.bhv.fr

Cordu Minute
8 rue Joseph Serlin
69001 Lyon
04 78 30 60 46

Baltayan (winner of best cobbler in France 1998)
6 place des Célestins
69002 Lyon
04 78 37 30 50
www.baltayan.com

La Grande Poste
Built between 1935 and 1938 by the architect Roux-Spitz, the long facade of the Hôtel des Postes stretches the full length of the Place Antonin Poncet which was created when the old Hôpital de la Charité was demolished.

10 place
Antonin Poncet
69002 Lyon

Guillotière
39 avenue
Jean Jaurès
69007 Lyon

Saint-Jean
25 quai
Romain Rolland
69005 Lyon

Croix-Rousse
167 boulevard de la Croix-Rousse
69004 Lyon

Part-Dieu
6 rue du Lac
69003 Lyon

Terreaux
3 rue Président Édouard Herriot
69001 Lyon

Post Office
In every part of the city you will find a branch of La Poste. Opening hours and addresses can be found on their website laposte.fr/particulier or by telephone on 3631.

A few addresses:

To open a bank account in France, you will need:

• To make an appointment with a customer advisor in the branch of your choice, by telephone, online or in person at the branch.

• An official form of valid photo ID: national identity card or passport.

• Proof of address, certifying your place of residence in France, dated less than 3 months before your appointment: a water, electricity, gas or landline telephone or internet bill.

• Most banks will request your three most recent pay slips.

Some banks offer cash machines suitable for the visually impaired and the disabled, self-service areas open 7 days a week, cash machines available 24 hours and change machines. Check the opening hours of your branch.

BANKS

In every part of the city you will find a branch of La Poste. Opening hours and addresses can be found on their website laposte.fr/particulier or by telephone on 3631.

A few addresses:

• To make an appointment with a customer advisor in the branch of your choice, by telephone, online or in person at the branch.

• An official form of valid photo ID: national identity card or passport.

• Proof of address, certifying your place of residence in France, dated less than 3 months before your appointment: a water, electricity, gas or landline telephone or internet bill.

• Most banks will request your three most recent pay slips.

Some banks offer cash machines suitable for the visually impaired and the disabled, self-service areas open 7 days a week, cash machines available 24 hours and change machines. Check the opening hours of your branch.
BUREAUX DE CHANGE

A few addresses amongst many:

Goldchange Goldfinger
81 rue de la République
69002 Lyon
04 72 40 06 00
www.change-goldfinger.com

Group AOC
20 rue Gasparin
69002 Lyon
04 78 38 12 00
Lyon-Saint Exupéry Airport
04 72 22 76 95
www.aocchange.com

BANTS

In case of emergency:

SOS Vétérinaire Lyon
04 78 54 00 71

VetAgro Sup (Lyon veterinary school)
1 avenue Bourgelat
69280 Marcy l’Étoile
04 78 87 07 07
24h/24 – 7j/7

SPA
Société Protectrice des Animaux de Lyon et du sud-est
(animal protection society for Lyon and the South East)
25 quai Jean Moulin
69002 Lyon
04 78 38 71 70
www.spa-lyon.asso.fr
If you are looking for a pet sitter or trainer, contact:

ASR2
56 rue de Margnolles
69300 Caluire-et-Cuire
06 83 78 20 32
www.asr2.fr

Bark Busters
Cité Internationale
15 quai Charles de Gaulle - 69006 Lyon
08 21 61 10 00
To Be Dog
6 impasse des Calabres
69330 Meyzieu
06 15 06 23 11
www.tobedog.fr

BNP Paribas
(Bellecour)
4 place Le Viste
69002 Lyon
0 820 82 00 01
www.mabanque.bnpparibas.net

Banque Populaire
141 rue Garibaldi
69003 Lyon
09 85 98 17 00
www.banquepopulaire.fr

Barclays
24 rue Childebert
69002 Lyon
04 72 69 13 70

Caisse d’Épargne Rhône-Alpes Lyon
7 rue de la République
69001 Lyon
0 820 025 244
www.caisse-epargne.fr

Crédit Agricole
Mobilité Internationale
Assists expatriates in the fields of banking, finance, tax and social protection.
2 rue Childebert
69002 Lyon
04 37 46 24 80
www.ca-centrest.fr

HSBC
1 place de la Bourse
69002 Lyon
04 72 56 49 80
www.hsbc.fr

LCL
18 rue de la République
69002 Lyon
04 78 92 24 82
www.lcl.fr

Lyonnaise de Banque - CIC
8 rue de la République
69001 Lyon
0 820 300 513
www.cic.fr

Société Générale
6 rue de la République
69001 Lyon
04 72 00 57 00
www.societegenerale.fr

Banque Rhône-Alpes
5-7 rue du Bât d’Argent
69001 Lyon
04 72 98 81 81
www.banque-rhone-alpes.fr

Goldchange Goldfinger
81 rue de la République
69002 Lyon
04 72 40 06 00
www.change-goldfinger.com

Group AOC
20 rue Gasparin
69002 Lyon
04 78 38 12 00
Lyon-Saint Exupéry Airport
04 72 22 76 95
www.aocchange.com
### Measurements and French Equivalents

#### Shoes

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#### Bra sizes

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<td>70D</td>
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<td>80B</td>
<td>80C</td>
<td>90A</td>
</tr>
</tbody>
</table>
Units of length
1 cm (centimetre) = 0.40 inches
1 m (metre) = 3.3 feet
1 km (kilometre) = 1.6 miles

Units of volume
1 l (litre) = 0.26 US gallons
1 l (litre) = 0.22 Canadian gallons
1 m³ (cubic metre) = 35.3 pt³ (cubic pints)

Units of area
1 ha (hectare) = 2.47 ac (acres)
1 m² (square metre) = 10.7 sq ft (square feet)

Units of temperature
1°C (Celsius) = 33.8 °F (Fahrenheit)

Units of weight
100 g (gramme) = 350 oz (ounce)
1 kg (kilogramme) = 2.2 lb (pounds)

Units of speed
100 km/h = 62 mph (miles per hour)
In France, the speed limits are:
• 50 km/h in built up areas, except for «zone 30» areas where speed is limited to 30 km/h
• 90 km/h on national and departmental roads
• 130 km/h on motorways, reduced to 110 km/h when raining

Men’s trousers

<table>
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<tr>
<th></th>
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Women’s skirts and trousers

<table>
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</tbody>
</table>
**REGISTRATION OF BIRTH**

**Notes** ➔ The father or other person present at the birth should declare the birth within 3 days.

**Documents to be presented** ➔ «Livret de famille», certificate issued by the doctor or midwife, acknowledgement of Paternity (if issued prior to birth) and parents’ identity cards.

**Where to go** ➔ Mairie of the place of birth.

**Cost** ➔ Free.

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**CARTE GRISE - VEHICLE REGISTRATION CERTIFICATE**

**Documents to be presented** ➔ The list of documents to provide differs depending on whether the car is new or used. Go to the Préfecture’s website at www.rhone.pref.gouv.fr

**Where to go** ➔ Préfecture or sous-préfecture
By post: Préfecture du Rhône - service des cartes grises
106 rue Pierre Corneille - 69419 Lyon cedex 03
By a professional certified by the Préfecture.
The list of certified professionals is available on the website.
In person at the desks (by appointment)
Préfecture de Lyon: 97 rue Molière – 69003 Lyon
04 72 61 66 50

**Cost** ➔ Variable depending on engine capacity.

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**A CERTIFICATE OF CIVIL STATUS (BIRTH, MARRIAGE OR DEATH)**

**Documents to be presented** ➔ Application in person at the Mairie produce a form of identity and: if necessary any other official document certifying your relationship with the person (livret de famille, etc.)
 ➔ Application by post from the Mairie. Give the full name of the person concerned by the certificate. If necessary, provide the full usual name of their parents and any other document certifying your relationship with the person.
 ➔ A stamped self-addressed envelope.

**Where to go** ➔ At the offices of the Mairie concerned, by post or via the internet at www.service-public.fr

**Cost** ➔ Free.

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**CERTIFICATE OF PARTNERSHIP OR COHABITATION**

**Notes** ➔ People living together as a couple, 2 witnesses with ID are required.

**Documents to be presented** ➔ Identity card or passport, proof of address.

**Where to go** ➔ Your local Mairie.

**Cost** ➔ Free.
### NATIONAL IDENTITY CARD (CNI)

**Notes** ➔ Have French nationality; valid 10 years; renewals and first applications for a CNI follow the same procedure.

**Documents to be presented** ➔ 2 passport photos, birth certificate or passport or old CNI, the CNI application form (available from the Mairie), proof of address

**Where to go** ➔ Your local Mairie.

**Cost** ➔ Free.

### REGISTRATION OF DEATH

**Notes** ➔ A death must be registered within 24 hours.

**Documents to be presented** ➔ The person registering the death must produce a form of ID, the livret de famille or ID of the deceased, the death certificate issued by the doctor, commissariat or gendarmerie.

**Where to go** ➔ The Mairie of the place of death.

**Cost** ➔ Free.

### BUILDING APPLICATION

**Notes** ➔ Applications must be made 2 months in advance for individual buildings and 3 months in advance for other buildings.

**Documents to be presented** ➔ Further information from the Mairie or on the website www.nouveaupermisdeconstruire.gouv.fr

**Where to go** ➔ Mairie; Service Urbanisme Appliqué
198 avenue Jean Jaurès - 69007 Lyon.
LIVRET DE FAMILLE

Notes ➔ This livret provides proof of your family rights (name, relationship, parental authority and succession rights), the rights and duties of married couples, their obligations and their choice of marriage contract, and the right to French nationality.

Where to go ➔ The Mairie of the place of residence, or the Mairie of the place of marriage.

Cost ➔ The 1st and 2nd livrets are always free of charge. For the 3rd and subsequent livrets, a fee may be charged if agreed by deliberation of the Municipal Council.

MILITARY CENSUS

Notes ➔ All French nationals must added to the census at the age of 16.

Documents to be presented ➔ Proof of ID, livret de famille

Where to go ➔ Your local Mairie; at the consulate or French diplomatic service for residents abroad, or at www.service-public.fr

PASSPORT

Notes ➔ The applicant must be present when submitting their application; it is no longer possible to add a child to a parent’s passport.

Documents to be presented ➔ 2 passport photos, €86 in «timbre fiscal» (payment stamp), proof of address, an ID card (original + photocopy) or birth certificate issued less than 3 months prior (legal copy indicating filiation or copy of entire certificate), old passport, birth certificate, a certificate of civil status, CERFA request form to be completed online and printed (#12100*02).

Where to go ➔ Your local Mairie (appointment required).

Cost ➔ €86 in «timbre fiscal» (payment stamp).

CRIMINAL RECORD

Notes ➔ Application by the person concerned or their legal representative.

Where to go ➔ By post: Casier Judiciaire National, 107 rue du Landreau 44317 Nantes Cedex 03; or online at www.cjn.justice.gouv.fr Voice server 02 51 89 89 51

Cost ➔ Free.
MARRIAGE

Documents to be presented ➔ A copy of the entire birth certificate issued within the past 3 months if issued in France, or within 6 months if issued in a French overseas territory or département or by a consulate abroad, a form of ID, proof of address, a notary’s certificate if the couple have drawn up a marriage contract, copy of the witnesses’ ID.

Where to go ➔ Your local Mairie.

Cost ➔ Free.

CARTE D’ÉLECTEUR

Documents to be presented ➔ A completed registration form, a form of ID, proof of address less than 3 months old.

Where to go ➔ Mairie of the arrondissement of residence.

Cost ➔ Free.

VOTING CARD

Documents to be presented ➔ A completed registration form, a form of ID, proof of address less than 3 months old.

Where to go ➔ Mairie of the arrondissement of residence.

Cost ➔ Free.

LE PACS (CIVIL PARTNERSHIPS)

Notes ➔ Foreign nationals wishing to contract a PACS must provide proof that they have been cohabiting for at least a year to obtain a «private and family life» visa.

Documents to be presented ➔ Copy of birth certificate issued less than 3 months prior for a French citizen and less than 6 months prior for a foreigner; Certificate of non-PACS, a form of ID, a declaration on their honour that there are no blood ties between the two parties forbidding the partnership, a declaration on honour that the shared residence is located within the jurisdiction of the tribunal where the declaration is made. (Further information at www.service-public.fr)

Where to go ➔ The Tribunal d’Instance of the shared residence or notary.

Cost ➔ Free.
TRANSPORTS

«CERTIFICAT DE NON-GAGE»

Notes ➔ Certifies a vehicle’s administrative status. Valid for 1 month.

Documents to be presented ➔ Vehicle registration document (carte grise) or the vehicle’s references, ID, report of loss or theft if required.

Where to go ➔ Online on the Interior Ministry’s website; at préfectures or sous-préfectures; automatic document issuing machines.

Cost ➔ Free.

CERTIFICAT DE SCOLARITÉ (PROOF OF A CHILD’S REGISTRATION AT A SCHOOL)

Where to go ➔ From the school’s head teacher.

Cost ➔ Free.
LYON SAINT-EXUPÉRY AIRPORT AND ITS TGV STATION MAKE AIR-RAIL CONNECTIONS SIMPLE AND PROVIDE EASY ACCESS TO THE TGV FAST TRAIN NETWORK AND TO EXCELLENT MOTORWAY CONNECTIONS.
CITY TRANSPORT IS PROVIDED BY OVER 120 URBAN LINES WITH NIGHT SERVICES AND EXPRESS SERVICES, 4 METRO LINES, 2 CABLE CARS AND 4 TRAMWAY ROUTES.

AIRPORTS

LYON-SAINT-EXUPÉRY AIRPORT
25km to the east of Lyon and operating 24 hours a day, it offers flights to over a hundred destinations in France and abroad.
Information 0 826 800 826 www.lyonaeroports.com

How to get to the airport
The Rhônexpress tram runs every day, all year from 5 am to midnight between the airport and the centre of Lyon in less than 30 minutes. Departs from Part-Dieu train station, the Vaulx en Velin La Soie metro station and from the Meyzieu ZI tram station. Leaves every 30 minutes between 4:25 and 6:00 am and between 9:00 pm and midnight, and every 15 minutes between 6:00 am and 9:00 pm. Tickets available online, ticket machines in all Rhônexpress stations or on board. www.rhonexpress.fr
You can also hire a car at the airport, where the most car hire companies are represented.
Money
You will find 3 cash machines available 24 hours a day located at the departures area in Terminal 1, at the arrivals and departures areas in Terminal 2 and at La Poste (Post Office in the Square). Bureau de change open Monday to Saturday 6:30 am to 9:30 pm, Sundays and bank holidays 9 am to 7 pm. 24 hours automatic change machine located in Le Centre, allée Ouest.
Currency exchange counter located in Terminal 1 Gate F. Monday to Friday from 6:30 am to 1:05 pm Saturdays from 6:00 am to 2:30 pm Sundays from 6:00 am to 1:05 pm 04 72 48 29 52

Principal airlines companies
Around 40 scheduled airlines and 35 charter companies fly direct to 35 countries and over 115 destinations from Lyon-Saint Exupéry.
Air France 36 54 www.airfrance.fr
British Airways 0892 7026 54 www.britishairways.com
easyJet www.easyjet.com 0 820 42 03 15
Iberia 0825 800 965 www.iberia.com
Lufthansa 0 892 231 690 www.lufthansa.com
SAS Scandinavian Airlines 0825 325 335 www.flysas.com
Emirates 01 57 32 49 49 www.emirates.com

Lyon-Bron Airport
One of the largest general aviation platforms in France, specialising in business, leisure and public service flights. Open 6:30 am to 10:30 pm. Free parking.
Lyon Bron airport reception 04 78 26 81 09 www.lyonaeroports.com
**TAXIS**

Credit and debit cards are accepted if the logo is displayed in the vehicle. The price to pay is that shown on the counter at the end of your journey, with the following supplements for: collection from the airport, 4 or more adults, luggage, pets, road tolls, night times, Sundays and bank holidays, snow or ice-covered roads.

**Non-exhaustive list of taxi companies:**
- **Allo Taxi**
  04 78 28 23 23
  www.allotaxi.fr
- **Class Espace Taxi**
  04 78 08 40 00
- **Espace Taxi**
  04 78 27 31 31
- **Lyon International Taxi**
  04 78 88 16 16
  www.lyon-international-taxi.fr
- **Lyon Taxi Prestige**
  06 87 97 47 90
  www.lyon Taxi prestige.com
- **Operator Taxis à Lyon**
  04 78 37 28 75
  http://operator.taxis.free.fr
- **Taxis Aéroport**
  www.taxislyon-aeroport.com
  04 72 22 70 90
- **Taxis Fabrice**
  06 80 21 59 26

**Lyon Taxi Prestige**
06 87 97 47 90
www.lyon-taxi-prestige.com

**Operator Taxis à Lyon**
04 78 37 28 75
http://operator.taxis.free.fr

**Taxis Aéroport**
www.taxislyon-aeroport.com
04 72 22 70 90

**Taxis Fabrice**
06 80 21 59 26

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**Average cost of a taxi ride**

Prices are indicative only and vary according to the company chosen, and the time of day/night (night = 7 pm to 7 am)

- Lyon-Saint Exupéry airport - Lyon city centre: €56 (day), €83 (night).
- Part-Dieu station - Place Bellecour: €7 (day), €10 (night).
- Perrache - Stade Gerland: €13 (day), €18 (night).

* example of rates on 1 January 2015

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**CAR HIRE**

**Avis**
36 42
www.avis.fr

**Hertz**
0 825 861 861
www.hertz.fr

**Europcar**
0 825 829 004
www.europcar.fr

**Enterprise Citer**
www.enterprise.fr
- Airport
  04 72 22 74 87
- Perrache station
  04 72 74 04 05
- Part Dieu station
  04 78 53 46 89

**Budget**
0825 00 35 64
www.budget.fr

**Sixt**
0820 00 74 98
www.sixt.fr

**Renault Rent**
0 825 10 11 12
www.renault-rent.com

**Car hire with driver**

**CHABÉ Rhône-Alpes**
6 rue Baraban
69006 Lyon
04 78 00 42 00

**Great Chauffeur**
04 72 27 54 73
www.greatchauffeur.com
SNCF
(Société Nationale des Chemins de Fer Français)

TGV Stations
- Part-Dieu
- Perrache
- Lyon-Saint Exupéry Airport

TGV Station services
- Restaurants
- Newsagents/gift shops
- Taxis
- Car hire
- Porters
- Cash machines
- Public telephones
- Tobacconists
- Florists
- Police
- Food
- Gifts
- Arts & Culture
- Recreation

There are also TER Station (Train Express Régional: local express intercity connections) at Jean Macé, Gorge de Loup, Saint-Paul and Vaise.

Tickets can be bought at station ticket offices, SNCF outlets, certified travel agents and other certified points of sale as well as at automated ticket machines. They can also be ordered by telephone (direct line) or via the internet on the websites of the SNCF and other certified partners. Reservations 3635 www.voyages-sncf.com

Tickets can be bought from:
- Automatic ticket machines in all metro and tram stations.
- Service points (tobacconists or newsagents displaying the TCL logo).
- TCL sales outlets.
- Bus drivers for single trip tickets, and 2-hour and 1-day Liberté passes.

Public transport
Transport en Commun Lyonnais (TCL), Lyon’s bus, tram and metro network. Transport runs from 5 am to midnight, 7 days a week.

For all route and timetable information see the website or call the Allo TCL hotline on 04 26 10 12 12. www.tcl.fr

Tickets
- Single trip tickets: valid for 1 hour after stamping. Changes allowed.
- Book of 10 tickets: same validity conditions as for single trip tickets. Reductions are available for students, school pupils and large families.
- Liberté ticket: valid for 2 hours (from 9 am), one day or one evening from the first stamp. Changes and return journeys permitted.
- Passes: a range of monthly or annual passes are available for the TCL network for unlimited use for one or more calendar months, consecutive or otherwise. A form of ID, proof of address, a passport photo and the cost of the card are required to purchase a pass.

TCL sales outlets
- Bellecour
  Metro line A (Bellecour)
  Gorge de Loup
  Metro line D
  (Gorge de Loup)
  Grange Blanche
  Metro ligne D
  (Grange Blanche)
  Perrache
  Perrache bus station
  69002 Lyon
  Part-Dieu
  11 boulevard Vivier Merle
  69003 Lyon
  Hôtel de Ville
  5 rue de la République
  69001 Lyon
  La Soie
  6 avenue des Canuts
  69120 Vaulx-en-Velin
  Givors
  2 avenue Roger Salengro
  69700 Givors

Tickets can be bought from:
- Automatic ticket machines in all metro and tram stations.
- Service points (tobacconists or newsagents displaying the TCL logo).
- TCL sales outlets.
- Bus drivers for single trip tickets, and 2-hour and 1-day Liberté passes.
**VÉLO’V**

Simple, eco-friendly and useful for short trips in the city. 7 days a week, 24 hours a day, Grand Lyon la Métropole offers a cycle hire service consisting of bikes available in 343 automated cycle parks in Lyon, Villeurbanne, Caluire and Vaulx-en-Velin. Users must simply be over the age of 14 and hold a Vélo’v card.

Short and long-term subscriptions available. The first half-hour is free. 01 30 79 33 40 www.velov.grandlyon.com

**CARSHARING**

**Self-service cars**

Citiz LPA Grand Lyon

Cars available on a self-service basis, pay only for what you use. A flexible, economical system: reservations 24 hours a day, 7 days a week, via internet or by phone. Cars are located in LPA (Lyon Parc Auto) car parks in Lyon.

Lyon Parc Auto

Store
13 rue Antoine Salles
69002 Lyon
Ground floor - Cordeliers Parking
04 72 41 65 25
www.lpa.citiz.coop

**Bluey**

Electric vehicle car-sharing program in Grand Lyon la Métropole. 130 cars available on a self-service basis 24/7. Cars or parking spaces can be reserved free of charge. 04 72 69 69 69

**Sunmoov**

Electric vehicle car-sharing program in the Lyon-Confluence neighborhood. 30 cars and 6 stations located between the Perrache train station and the Musée des Confluences. Online reservations available 0 820 25 12 36 (premium rate number)

**CAR PARKING**

Tariffs, times and maximum street parking time vary from zone to zone. The name of the zone is displayed on each parking meter.

Depending on the area, 4 tariffs are applied:

- **PRESTO** (short stay) in the commercial heart of the city. Maximum stay: 1 hour 30 minutes.
- **CHRONO** (short stay) in other city commercial areas. Maximum stay: 1 hour 30 minutes.
- **TEMPO** (mid stay) in other areas. Maximum stay: 3 hours.
- **NOCTURNE** (night) along the promenade of the Quai Romain Rolland in Vieux-Lyon. Maximum stay (night): 14 hours.

**CYCLOPOLITAIN**

Electric tricycles driven by young «cyclonauts» transport passengers within a perimeter including the Presqu’île, Place Carnot and the slopes of La Croix-Rousse, Le Vieux-Lyon and Part-Dieu and the Tête d’Or park.

Bookings on 04 78 30 35 90 www.cyclopolitain.com

**Parcs relais (Park and ride stations)**

Over 7,880 free car parking spaces are available for park-and-ride passengers. They are located close to metro or tram stations or major TCL changeover points. www.tcl.fr
The city is equipped with a large number of car parks to make parking easy. These are private or public, the latter being managed by Lyon Parc Auto.

Lyon Parc Auto (LPA)
2 place des Cordeliers
69002 Lyon
04 72 41 65 25
www.lpa.fr

If you live in an area covered by fee-paying street parking, you are entitled to residents’ street parking with daily, weekly or monthly ticket systems. These can be bought at machines in certain Lyon Parc Auto car parks (Terreaux, Antonin Poncet, Gros Caillou, Morand, Fosse aux Ours, gare Part-Dieu, Saint Jean) and some Mairies. Warning! If your vehicle is badly parked, it may be removed and impounded.

Further information can be found on the website www.lyon.fr («déplacement» section)

Parking, traffic wardens, car pound, fines:
04 72 10 30 30

MOTORWAY LINKS

The excellent motorway network around the city means that Lyon is only a few hours’ drive from many main French and European cities. Virtually all the roads open to traffic are publicly owned. However, they are managed by several different organisations. For any questions concerning the motorways, services, tolls and subscriptions, contact:

Autoroutes
Paris-Rhin-Rhône
0 825 45 10 77
www.aprr.fr

Autoroutes du Sud de la France (ASF)
36 05
www.vinci-autoroutes.com

Centre Régional d’Information et de Coordination Routières (Regional Road Information and Coordination Centre)
0800 100 200
www.bison-fute.equipement.gouv.fr

Périphérique Nord
04 72 27 44 44
www.peripherique nord.com

Onlymoov
Real-time traffic information and forecasts for the Lyon metropolitan area.
www.onlymoov.com

CONSULATES, CULTURAL ORGANISATIONS AND LANGUAGE CLASSES
### FOR PRACTICAL INFORMATION ON EXPATRIATION:

- [WWW.EXPATRIATION.ORG](http://WWW.EXPATRIATION.ORG)
- [WWW.LYONALACARTE.COM](http://WWW.LYONALACARTE.COM)

### CONSULATES

<table>
<thead>
<tr>
<th>Country</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Germany</td>
<td>33 boulevard des Belges 69006 Lyon</td>
<td>04 72 69 98 98</td>
<td><a href="http://www.lyon.diplo.de">www.lyon.diplo.de</a></td>
</tr>
<tr>
<td>Austria</td>
<td>27 rue de la Villette 69003 Lyon</td>
<td>06 30 93 92 74</td>
<td></td>
</tr>
<tr>
<td>Belgium</td>
<td>8 rue de la République 69001 Lyon</td>
<td>04 78 62 67 38</td>
<td><a href="http://www.diplomatie.be/Paris">www.diplomatie.be/Paris</a></td>
</tr>
<tr>
<td>Brazil</td>
<td>68 ter rue Chazière 69004 Lyon</td>
<td>04 78 39 43 29</td>
<td></td>
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<tr>
<td>Canada</td>
<td>18 avenue de Saxe 69006 Lyon</td>
<td>04 72 37 86 67</td>
<td></td>
</tr>
<tr>
<td>China</td>
<td>26 rue Louis Blanc 69006 Lyon</td>
<td>04 37 24 83 07</td>
<td></td>
</tr>
<tr>
<td>Denmark</td>
<td>45 avenue Leclerc 69007 Lyon</td>
<td>04 78 95 98 22</td>
<td></td>
</tr>
<tr>
<td>Finland</td>
<td>63 montée du Chemin Neuf - 69005 Lyon</td>
<td>04 78 36 72 76</td>
<td></td>
</tr>
<tr>
<td>Greece</td>
<td>7 rue Barrême 69006 Lyon</td>
<td>04 78 89 22 50</td>
<td></td>
</tr>
<tr>
<td>Ireland</td>
<td>158 av. Roger Salengro 69100 Villeurbanne</td>
<td>04 37 28 18 64</td>
<td></td>
</tr>
<tr>
<td>Italy</td>
<td>5 rue Commandant Faurax - 69006 Lyon</td>
<td>04 78 93 00 17</td>
<td><a href="http://www.conslione.esteri.it">www.conslione.esteri.it</a></td>
</tr>
<tr>
<td>Japan</td>
<td>131 boulevard Stalingrad 69100 Villeurbanne</td>
<td>04 37 47 55 00</td>
<td></td>
</tr>
<tr>
<td>United States of America</td>
<td>1 quai Jules Courmont 69002 Lyon</td>
<td>04 78 38 36 88</td>
<td>french.usconsulate.gov</td>
</tr>
</tbody>
</table>

### CULTURAL ORGANIZATIONS AND INTERNATIONAL EXCHANGES

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Club of Lyon</td>
<td>BP 2060 69226 Lyon Cedex 02 06 67 43 20 81</td>
<td>04 78 31 52 82</td>
<td><a href="http://www.niouze.info/france-canada">www.niouze.info/france-canada</a></td>
</tr>
<tr>
<td>Franco-German association</td>
<td>Le Sympa-Tisch</td>
<td>06 81 28 59 53</td>
<td>blog4ever.com</td>
</tr>
<tr>
<td>Brazilian cultural association Gingando</td>
<td>30 montée des Carmélites 69004 Lyon</td>
<td>06 61 82 32 30</td>
<td><a href="http://association.sympatish.blog4ever.com">http://association.sympatish.blog4ever.com</a></td>
</tr>
<tr>
<td>AVF Lyon</td>
<td>5 place de la Baleine 69005 Lyon</td>
<td>04 78 42 13 84</td>
<td><a href="http://www.iiclione.esteri.it">www.iiclione.esteri.it</a></td>
</tr>
<tr>
<td>Association for Japanese Nationals in Lyon</td>
<td>18 avenue de Saxe 69002 Lyon</td>
<td>06 33 24 22 27</td>
<td><a href="http://www.aafc-lyon.com">www.aafc-lyon.com</a></td>
</tr>
<tr>
<td>France-Canada association of Lyon</td>
<td>7 rue Major Martin 69001 Lyon</td>
<td>04 78 38 36 88</td>
<td>french.lyon.usconsulate.gov</td>
</tr>
<tr>
<td>Association of Chinese Culture and Language</td>
<td>Nihao Lyon</td>
<td>06 73 88 52 91</td>
<td><a href="http://www.nihaolyon.com">www.nihaolyon.com</a></td>
</tr>
<tr>
<td>Act4</td>
<td>Association offering activities and discussions in English</td>
<td><a href="http://www.act4.fr">www.act4.fr</a></td>
<td></td>
</tr>
<tr>
<td>Lyon International</td>
<td>7 rue Major Martin 69001 Lyon</td>
<td>04 78 30 59 37</td>
<td><a href="http://www.lyon-international.org">www.lyon-international.org</a></td>
</tr>
<tr>
<td>Franco-Chinese association of the Lyon region</td>
<td>36 avenue Lacassagne 69003 Lyon</td>
<td>04 78 30 59 37</td>
<td><a href="http://www.lyon-international.org">www.lyon-international.org</a></td>
</tr>
</tbody>
</table>

You will find addresses of all of the consulates in the city of Lyon at [www.lyon.fr](http://www.lyon.fr) («lieux et équipements» section).
Rhône-Alpes Latin American Centre
2 rue Lainerie
69005 Lyon
04 78 30 14 08
www.maisonlatine.wordpress.com

Monday Club
127 bis rue Servient
69003 Lyon
04 78 83 31 58

Other organisations can be found on the city of Lyon website www.lyon.fr («associations» section).

**LANGUAGE CLASSES**

**French**

Alliance Française
11 rue Pierre Bourdan
69003 Lyon
04 78 95 24 72
www.aflyon.org

Centre International d’Études Françaises (CIEF)
16 quai Claude Bernard
69007 Lyon
04 78 69 71 35

Greta Ampère
31 rue de la Bourse
69001 Lyon
04 78 29 14 25

Inflexyon
10 rue René Leynaud
69001 Lyon
04 78 39 77 02
www.inflexyon.com

Institut de Langue et de Culture Française (ILCF)
25 rue du Plat
69002 Lyon
04 72 32 50 53
www.ilcf.net

Lyons Bleu International
82 rue Duguesclin
69006 Lyon
04 37 48 00 26
www.lyon-bleu.fr

Other languages:

Associations Langues et Cultures
English, Italian and Spanish for children
89 rue André Bollier
69007 Lyon
04 72 71 42 36

**Greta Ampère**

Espace Langues
English, Italian, Spanish, German, Chinese, Arabic, French as a Foreign Language, etc.
27 rue Gentil
69002 Lyon
04 72 10 65 90

Inlingua
English, Italian, Spanish, German, Russian, Japanese, Chinese, Portuguese
74 rue de Bonnel
69003 Lyon
04 78 62 72 57
www.inlingua-lyon.com

Kotopo
Classes in rare languages
14 rue René Leynaud
69001 Lyon
04 72 07 75 49
www.kotopo.net

EIFE2
3 grande rue des Feuillants
69001 Lyon
04 78 39 04 88
www.eife2.fr
Université Claude Bernard Lyon 1
Houses the faculties of:
• Science
• Medicine and pharmacy
• Science and technology
• Sports and sports science
43 boulevard du 11 Novembre 1918
69100 Villeurbanne
04 72 44 80 00
www.univ-lyon1.fr

Université Lumière Lyon 2
Offers a wide range of courses in 3 fields:
• Arts, Letters, Languages
• Human and Social Sciences
• Law, Economics and Management
• 7 institutes including the «Institut Universitaire de Technologie Lumière» (Technology) and the «Institut d’Études Politiques» de Lyon (Political studies)
86 rue Pasteur
69007 Lyon
Campus Berges du Rhône
Campus Porte des Alpes
04 78 69 70 00
www.univ-lyon2.fr

Université Jean Moulin Lyon 3
Lyon 3 has a language and letters centre as well as geography, land economy and history departments and France’s first IAE (Company management institute).
11 bachelors programmes and 3 masters programmes with over 80 specialities:
• Law
• Languages
• Letters and civilizations
• Philosophy
• Business Administration Institute (IAE)
• University Technical Institute (IUT)
18 rue Chevreul
69007 Lyon
04 37 65 40 30

Université Catholique de Lyon
Founded in 1875, the Université Catholique de Lyon offers 5 faculties:
• Theology and Religious Sciences
• Philosophy and Humanities
• Law, Economics and Social Sciences
• Letters and Languages
• Sciences
10 place des Archives
69002 Lyon
04 72 32 50 12
www.univ-catholyon.fr

Principal contacts:
L’Inspection Académique du Rhône
(pre-school and primary)
21 rue Jaboulay
69007 Lyon
04 72 80 67 67
www.iac69.ac-lyon.fr

Le Rectorat de Lyon
(secondary)
92 rue de Marseille
69007 Lyon
04 72 80 60 60
www.ac-lyon.fr

Universités

Lyon has four main universities and a range of institutes and higher education establishments. All the universities have adopted the European teaching structure of Bachelors-Masters-Doctorate.

THE FRENCH SCHOOL SYSTEM
In France, schooling is compulsory for children aged 6 to 16 years. Children can attend school from the age of 2. Teaching is secular and free in state schools. To find out about international schools, ask for the Guide International Schools Guide from the publisher, Adery, or download it from the website www.investinlyon.com (see «documentation», then «thematic brochures»).

Find the school that fits your child…
Grandes Écoles
(élite higher education establishments)

CNAM
Conservatoire National des Arts et Métiers
4 rue Ravier
69007 Lyon
04 78 58 30 99
www.lecnam-rhone-alpes.fr

CPE Lyon École Supérieure de Chimie Physique Électronique
43 boulevard du 11 novembre 1918
69100 Villeurbanne
04 72 43 17 00
www.cpe.fr

ECAM
École Catholique d’Arts et Métiers
40 montée Saint-Barthélemy
69005 Lyon
04 72 77 06 00
www.ecam.fr

ECL
École Centrale de Lyon
36 avenue Guy de Collongue
69130 Écully
04 72 18 60 00
www.ec-lyon.fr

ENTPE
École Nationale des Travaux Publics de l’État
3 rue Maurice Audin
69120 Vaulx-en-Velin
04 72 04 70 70
www.entpe.fr

EMLYON
Business School
23 avenue Guy de Collongue
69130 Écully
04 78 33 78 00
www.em-lyon.com

ENSAL
École Nationale Supérieure d’Architecture de Lyon
3 rue Maurice Audin
69120 Vaulx-en-Velin
04 78 79 50 50
www.lyon.archi.fr

ESDES
École Supérieure de Commerce et Management
23 place Carnot
69002 Lyon
04 72 32 50 48
www.esdes.fr

INSA
Institut National des sciences appliquées
20 rue Albert Einstein
69100 Villeurbanne
04 72 43 83 83
www.insa-lyon.fr
**Anglican**
Lyon Anglican Church
131 boulevard Yves Farge
69007 Lyon
04 78 59 67 06
Services in English on Sundays at 10:30 am

**Buddhist**
Lamrim Buddhist Centre
220 grande rue de la Guillotière
69007 Lyon
04 72 71 96 28
www.meditation-lyon.org

**Catholic**
http://lyoncatholique.fr
Messes info
(mass information)
www.egliseinfo.catholique.fr

**Protestant**
United Protestant Church of Lyon
04 78 62 67 59
www.protestantslyon.org

**Lutheran church of Lyon**
12 rue Fénelon
69006 Lyon
04 78 52 15 58
Service on Sundays at 10:30 am

**Le Grand Temple or Temple des Brotteaux**
For some festivals: Easter, Pentecost, Christmas, etc.
3 quai Augagneur
69003 Lyon
Salle Liberté
6 cours de la Liberté
69003 Lyon
04 78 62 67 59
Service on Sundays at 10:30 am
www.grandtemple.fr

**Greek Orthodox Church of the Annunciation**
45 rue du Père Chevrier
69007 Lyon
04 78 72 80 77
Liturgy in Greek and French on Sundays at 10 am

**Russian Orthodox Church of Saint-Nicolas**
5 rue Sainte-Geneviève
69006 Lyon
04 78 24 72 66
Divine Liturgy: Sundays at 10:00 am in Greek and 6:00 pm (the 3rd Sunday of the month).

**Jewish**
Great Synagogue
13 quai Tilsitt
69002 Lyon
04 78 37 13 43
www.consistoire.delyon.fr

**Muslim**
Lyon Great Mosque
146 boulevard Pinel
69008 Lyon
04 78 76 00 23
www.mosquee-lyon.org

**Orthodox**
http://lyon-orthodoxie.com

**Armenian Apostolic Church**
295 rue André Philip
69003 Lyon
04 78 60 47 18
10:30 am in Armenian
www.eglise-apostolique-arménienne.org

**Basilica of Notre Dame de Fourvière**
8 place de Fourvière
69005 Lyon
04 78 25 13 01
Masses Monday to Saturday at 7:15 am, 9:30 am, 11 am and 5 pm. Sundays at 7:30 am, 9:30 am, 11 am and 5 pm.
www.fourviere.org

**Cathedral of Saint-Jean-Baptiste**
Place Saint-Jean
69005 Lyon
06 60 89 53 97
From Monday to Saturday: Chapter mass at 9:00 am. From Monday to Friday: mass at 7:00 pm, celebrated by Archbishop Philippe Barbarin on Friday nights.
Sundays: mass at 8:30 and 10:30 am.
www.cathedrale-lyon.cef.fr

**Saint-Martin d’Ainay**
11 rue Bourgelat
69002 Lyon
04 72 40 02 50
Weekday masses Tuesday to Friday

**Saint-Paul**
3 place Gerson
69005 Lyon
04 78 28 67 93
Weekday masses: Friday at 8:30 am, Saturday at 6 pm. In Spanish once a month.
http://saintvincent-saintpaul.paroisse.net

**Anglican**
Lyon Anglican Church
131 boulevard Yves Farge
69007 Lyon
04 78 59 67 06
Services in English on Sundays at 10:30 am

**Lamrim Buddhist Centre**
220 grande rue de la Guillotière
69007 Lyon
04 72 71 96 28
www.meditation-lyon.org

**Catholic**
http://lyoncatholique.fr
Messes info
(mass information)
www.egliseinfo.catholique.fr

**Protestant**
United Protestant Church of Lyon
04 78 62 67 59
www.protestantslyon.org

**Lutheran church of Lyon**
12 rue Fénelon
69006 Lyon
04 78 52 15 58
Service on Sundays at 10:30 am

**Le Grand Temple or Temple des Brotteaux**
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Salle Liberté
6 cours de la Liberté
69003 Lyon
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69007 Lyon
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www.meditation-lyon.org

**Catholic**
http://lyoncatholique.fr
Messes info
(mass information)
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69006 Lyon
04 78 24 72 66
Divine Liturgy: Sundays at 10:00 am in Greek and in French at 6:00 pm (the 3rd Sunday of the month).
MUSEUMS

Musée d’Art Contemporain (Museum of Contemporary Art)
The Museum of Contemporary Art, designed by Renzo Piano, is close to the Tête d’Or park, at the Cité Internationale. It is one of the exhibition sites for the Biennale of Contemporary Art.
81 quai Charles de Gaulle
Cité Internationale - 69006 Lyon
04 72 69 17 18
Tuesday to Friday
11 am to 6 pm. Saturday and Sunday 11 am to 7 pm.
Between each temporary exhibition, the museum is closed.
www.mac-lyon.org

Musée des Beaux-Arts de Lyon (Lyon Museum of Art)
In a former 17th century royal abbey, the Abbey of the Dames de Saint-Pierre, is one of the most important art collections in Europe. The collection includes French, Italian, Spanish, Flemish and Dutch art from the Middle Ages to the present day.
Palais Saint-Pierre
20 place des Terreaux
69001 Lyon
04 72 10 17 40
www.mba-lyon.fr
Open every day except Tuesdays and bank holidays, 10 am to 6 pm, Fridays 10:30 am to 6 pm.
Themed evening opening on the 1st Friday of the month, 6-10 pm except in July, August and September (as well as in October, depending on the calendar).

Musée Gadagne
At the heart of Vieux-Lyon, the Gadagne ensemble is a magnificent Renaissance building housing two museums:
The Musée d’Histoire de Lyon (Lyon City History Museum) retraces the urban, economic, political and cultural history of the capital of Gaul up to the present day. The Musée des Marionnettes du Monde (Museum of Puppets from around the World) houses a collection of over 2,000 puppets and over a thousand sets, costumes and accessories, etc.
1 place du Petit Collège
69005 Lyon - 04 78 42 03 61
www.gadagne.musees.lyon.fr
Wednesday to Friday,
11 am to 6:30 pm

Musée des Confluences
Museum located at the confluence of the Rhône and Saône rivers, the museum features natural history and anthropology collections.
86 quai Perrache - CS 30180
69285 Lyon cedex 02
04 28 38 11 90
Mondays, Wednesdays and Fridays from 11:00 am to 7:00 pm
Thursdays from 11:00 am to 10:00 pm
Saturdays, Sundays and holidays from 10:00 am to 7:00 pm.
www.museedesconfluences.fr

Musée Gallo-Romain de Fourvière (Fourvière Gallo-Roman Museum)
A complete history of Lyon from the end of the prehistoric era to the 7th century AD, retraced through Gallo-Roman and Odeon theatre. Located at the centre of the Roman city of Lugdunum, founded in the year 43 BC, on the site of the theatre and the odeon. In the summer, enjoy the entertainment provided by the «Nuits de Fourvière» festival.
17 rue Cléberg
69005 Lyon
04 72 38 49 30
www.musees-gallo-romains.com
Access via the Saint-Just cable car (Minimes station)
Institut Lumière
In 1895, the Lumière brothers, Auguste and Louis, invented cinematography. In this house of cinema, you can see the first cameras, some unusual items and some cinematic and pre-cinematic equipment. The Institut Lumière is a place both of memory and of projection. The two principal aims of this veritable living museum of cinema are to safeguard our cinematographic heritage and to share its artistic activities. Ticket office in person or by telephone for special evening events. Enjoy open air film projections, every Tuesday evening in summer, in the Place Ambroise Courtois.

25 rue du Premier Film
69008 Lyon - 04 78 78 18 95
www.institut-lumiere.org
Open Tuesday to Sunday,
10 am to 6:30 pm.
Films shown in the evenings and at weekends.

The Planetarium, Vaulx-en-Velin
A 150-seat auditorium equipped with state-of-the-art technology to transport you to the heart of the universe. Children’s workshops all year round, films, conferences and events for all. Open every day with a few weekly closures. Closes for annual holidays in August.

Wednesdays from 1:30 to 5:00 pm
Weekends and holidays from 10:30 am to 6:00 pm
School vacation periods: Fall and Winter vacation periods from Monday to Friday 9:00 am to 6:00 pm and weekends from 10:30 am to 6:00 pm. Christmas, Spring and Summer vacation periods every day from 10:30 am to 6:00 pm.

Place de la Nation
69120 Vaulx-en-Velin
04 78 79 50 13
www.planetariumvv.com
For more information concerning Lyon’s museums, see www.culture.lyon.fr

OPERA, MUSIC AND DANCE

Opéra de Lyon
Operas, ballets and classical music concerts come to life in this fabulous building renovated by Jean Nouvel and inaugurated in 1993. Today it is a piece of international heritage architecture. Ticket office**

Place de la Comédie - 69001 Lyon
04 69 85 54 54 from Tuesday to Saturday 12 am - 7 pm.
www.opera-lyon.com

Auditorium - Orchestre national de Lyon (Lyon National Orchestra)
The Auditorium is the heir of the Société des Grands Concerts de Lyon founded in 1905 by Georges Martin Witkowski, and home to the 102 musicians who have made up the Orchestre national de Lyon since 1975. Ticket office**, also by post.

149 cours Garibaldi - 69003 Lyon
04 78 95 95 95 - www.onl.fr

Maison de la Danse
Lyon’s temple of contemporary dance. Opened on June 17 June 1980, this was the first Maison de la Danse in France, created by five choreographers from Lyon who came together in support of their art. Ticket office**

8 avenue Jean Mermoz - 69008 Lyon
booking 04 72 78 18 00
www.maisondeladanse.com

THEATRE

Théâtre des Célestins
Combining tradition and modernity, Les Célestins has played host to many legends of theatre and music hall and has remained a theatre of the arts accessible to all. Tours arranged by the Tourist Information Centre. Ticket office**
Théâtre des Marronniers

Located in the city centre, in part of the old town listed as a UNESCO World Heritage Site, the little rue des Marronniers is home to a small 50-seat theatre entirely devoted to theatrical creation since 1985. Online booking.

7 rue des Marronniers
69002 Lyon
04 78 37 98 17
www.theatre-des-marronniers.com

Théâtre Les Ateliers

Two auditoria show contemporary theatre from the 20th and 21st centuries, with rehearsals often open to the public.

Bookings by telephone, in person and by post.

5 rue du Petit David
69002 Lyon
04 78 37 98 17
www.theatre-des-marronniers.com

CINEMAS AND FILM HIRE

Cinemas

IN FRANCE, CINEMA SEATS ARE NOT NUMBERED, BUT YOU CAN BOOK TICKETS ONLINE OR BY TELEPHONE. ALSO SEE LISTINGS AND TIMES AT: WWW.CINEFIL.COM OR WWW.ALOCCINE.FR

Cinéma national populaire lyonnais (CNP)

2 cinemas located in Presqu’île. These show mainstream films in their original language (non-dubbed), as well organising retrospectives, festivals and works of cinematographic art.

www.allocine.fr

Comoedia

Films shown in their original language with subtitles, documentaries, revivals, festivals, debate evenings, evenings with film directors and a specific programme of events for young people. Also visit the «Le Bistrot» winebar, which offers a range of buffets and cocktail suppers.

13 avenue Berthelot
69007 Lyon
08 92 68 69 22
www.cinema-comoedia.com

Institut Lumière

See page 64
**Film hire**
Fancy staying in to watch a film? No problem! You can call for home delivery or go and collect your choice of film from a vending machine.

**Atmosphères**
A film club specialising in auteur theory films, as well as classic and rare films, with managers who are passionate about cinema and can suggest less well-known films.

10 rue Dumont
69004 Lyon
04 78 28 47 58
www.atmospheresvideo.com

Monday to Friday 2 pm - 7:30 pm.

**Bookshops**
A vast number of bookshops offer collections in French and other languages, from the highly specialised to the most general.

**Decitre**
5 addresses in Lyon
01 76 49 48 00
www.decitre.fr

**FNAC**
2 addresses in Lyon
08 25 02 00 20
www.fnac.com

**Gibert Joseph**
6 rue de la Barre
69002 Lyon
04 72 77 76 76
www.gibertjoseph.com

**In Cuisine**
1 place Bellecour
69002 Lyon
04 72 41 18 00
www.incuisine.fr

**Inter Fun**
59 rue Vendôme
69006 Lyon
04 78 89 57 53
www.inter-fun.fr

**La Gryffe**
5 rue Sébastien Gryphe
69007 Lyon
04 78 61 02 25
www.lagryffe.net

**Passages**
11 rue de Brest
69002 Lyon
04 72 56 34 84
www.librairiepassages.fr

**Raconte-moi la Terre**
14 rue du Plat
69002 Lyon
04 78 92 60 22
www.racontemoilaterre.com

**Cinéma La Fourmi**
Offers a programme of films not available in other cinemas. Children’s films, documentaries, films in their original language and a wide selection of films previously seen in other cinemas but that only La Fourmi continues to show.

68 rue Corneille
69003 Lyon
04 78 05 38 40
www.cinema-la-fourmi.com

Other cinemas show films in their original language:

**Cinéma Pathé Bellecour**
79 rue de la République
69002 Lyon
0892 696 696
www.cinemasgaumontpathe.com

**UGC Ciné Cité**
Cité Internationale
80 quai de Gaulle - 69006 Lyon
0 892 70 00 00
www.ugc.fr

**UGC Ciné Cité Confluence**
Recreation area and shopping center
112 cours Charlemagne
69002 Lyon
01 76 64 79 97 - www.ugc.fr

**Cinéma Pathé Bellecour**
79 rue de la République
69002 Lyon
0892 696 696
www.cinemasgaumontpathe.com
The main libraries are:

**Bibliothèque municipale de la Part-Dieu**
30 boulevard Vivier-Merle
69003 Lyon
04 78 62 18 00 / www.bm-lyon.fr
Tuesday to Friday 10 am - 7 pm,
Saturday 10 am - 6 pm.

**Artothèque (Art library)**
On the ground floor of the Part-Dieu library
04 78 62 18 00

**Bibliothèque du 1er arrondissement**
7 rue Saint-Polycarpe
69001 Lyon
04 78 27 45 55

Tuesday and Wednesday 10 am to 7 pm (closed 12 noon to 1 pm),
Thursday and Friday 1 pm - 7 pm,
Saturday 1 pm to 5 pm. Opening times for the children’s library
are different.

**Bibliothèque du 4e arrondissement**
12 bis rue de Cuire
69004 Lyon
04 72 10 65 41
Tuesday, Thursday and Friday
1 pm to 7 pm, Wednesday 10 am
to 7 pm (closed 12 noon to 1 pm),
Saturday 10 am to 6 pm.

**Bibliothèque du 5e arrondissement Saint-Jean**
4 avenue Adolphe Max
69005 Lyon
04 78 92 83 50
Tuesday and Wednesday 10 am
to 7 pm (closed 12 noon to 1 pm),
Thursday and Friday 1 pm - 7 pm,
Saturday 1 pm to 5 pm. Opening
times for the children’s library are different. Close 12 am - 1 pm.

**Bibliothèque du 6e arrondissement**
33 rue Bossuet
69006 Lyon - 04 72 83 15 71
Tuesday and Wednesday 10 am
to 7 pm (closed 12 noon to 1 pm),
Thursday and Friday 1 pm - 7 pm,
Saturday 10 am to 7 pm (closed 12
noon to 1 pm). Opening times for
the children’s library are different.

**Médiathèque de Vaise (multimedia library)**
Place Valmy
69009 Lyon
04 72 85 66 20
Tuesday, Wednesday and Friday
10 am - 7 pm (closed 12 noon to
1 pm), Thursday 2 pm - 7 pm and
Saturday 10 am - 5 pm.

Further information on the libraries in Lyon and summer opening times
 can be found at www.bm-lyon.fr

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**SPECIAL EVENTS AND WHAT’S ON**

**January - February**

**Festival French Kiss**
A month for (re)discovering the French music repertoire.
04 78 95 95 95
www.onl.fr

**February - March**

‘On Cartoon’ in Greater Lyon!
A selection of the best European animation films made in recent history years will be screened in 20 participating cinemas.
www.oncartoondanslegrandlyon.fr
March - April

**Biennale Musiques en Scène**
From production to performance of the works in concert, in the field of contemporary music.
04 72 07 37 02 - www.grame.fr

**Marché de la mode vintage (vintage fashion market)**
Step back in time to the 50s and work your way back up to the 90s! Each year, the Vintage Fashion Market attracts professionals and collectors and the general public who love all things retro!
04 78 42 99 27
www.marchemodevintage.com

**Quais du polar**
Festival of black literature and movies
04 78 30 18 98
www.quaisdupolar.com

**La fête du livre de Bron**
An annual 3-day high quality literary festival, with a specific programme dedicated to young people and pre-schoolers. Around 50 guest writers are invited. Crèche for young children, free parking and free entrance.
04 78 26 09 31
www.fetedulivredebron.com

May

**Les Nuits Sonores**
120 uninterrupted hours of electronic music, one of the largest and most audacious festivals in Europe, with artists from all over the world.
06 66 38 02 12 (infoline ticket)
www.nuits-sonores.com

**La Nuit des Musées**
Many of Lyon’s museums open free of charge into the night.
04 72 10 30 30
www.nuitdesmusees.culture.fr

June

**Lyon Comic Strip Festival**
One of the greatest Comics Strip festivals in France, ‘Lyon BD’ takes place every year at Lyon’s Palais de la Bourse and attracts over 30,000 visitors.
www.lyonbd.com

**Summer**

**Festival International en Beaujolais**
Artists from different continents bring together the cultural riches of their origins via music, song, theatre, circus, puppets, dance, art and photography.
04 74 68 89 38 - www.ccab.fr

**Foire internationale de Lyon**
An ten-day show with 1,100 exhibitors presenting a wide range of household, decoration, leisure and sports equipment.
04 78 17 61 76
www.foiredelyon.com

**Moisson d’Avril**
Shows, workshops, conferences, animated film, experimental workshops, exhibitions and performances all about puppets in all their forms.
04 78 28 92 57
www.moissondavril.com
Les Invites de Villeurbanne
Four days of free concerts, shows and performances. Musicians, actors, artists and technicians come together every year to provide high quality entertainment for all.
www.invites.villeurbanne.fr

Fête de la Musique
This national annual music festival has taken place every year on 21 June, the summer solstice, since 1982. The streets are lined with professional and amateur musicians giving free concerts in all genres of music.
www.fetedelamusique.culture.fr

Quartiers Nomades
Festival of Circus Arts.
04 72 38 81 61
www.ecoledecirquedelyon.com

Tout L’Monde Dehors
An annual festival of free music, dance and theatre performances in the open air, open to all.
www.tfmd.lyon.fr

Nuits de Fourvière
From June to August, two months of diverse and varied concerts and cultural events: theatre, dance, music and cinema, breathing life into the Gallo-Roman theatres of Fourvière. Ticket office online, at the Fnac, by telephone, in person or by post.
04 72 32 00 00
www.nuitsdefourviere.com

Festival Jazz à Vienne
Jazz stars play for two weeks of jazz concerts at the Vienne Roman amphitheatre in the early summer. Subscriptions available at the ticket office.
04 74 78 87 87 - 0 892 702 007
www.jazzavienne.com

Festival Cinéfil
Concerts and short films in the open air. A free programme of fiction, animation and documentary productions from France and the francophone world.
09 54 61 93 39 - www.cinefil.org

Woodstower
An absolute must, if you’re in Lyon during the summer. Woodstower is a modern, popular music festival that takes place over 2 days in Miribel Jonage Park.
www.woodstower.com

September

LES BIENNALES:
• Biennale d’Art Contemporain (odd-numbered years)
This festival enables fans of contemporary art to discover objects, paintings and furniture designed by famous artists.
04 27 46 65 60
www.labiennaledelyon.com
• Biennale de la Danse (even-numbered years)
An international dance festival with a wide variety of performances suited to a range of audiences. Do not miss the free parade (Europe largest choreographed parade), inspired by the samba schools at the Rio carnival, which takes place in the rue de la République, from Les Terreaux to Bellecour. Low prices and online booking for all.
04 27 46 65 60
www.labiennaledelyon.com
Les Journées Européennes du Patrimoine
The European Heritage Days have taken place every third weekend in September since 1984 enabling the public to visit the best of Lyon’s cultural heritage free of charge.
04 72 00 44 00
www.journeesdupatrimoine.culturecommunication.gouv.fr

Vogue des Marrons
One and a half months of hot chestnuts, white wine, candy floss and fairground rides. On the boulevard de la Croix-Rousse, place des Tapis and place de la Croix-Rousse. Car parking difficult in the whole area. LPA car parks «Gros Caillou» and «Croix-Rousse»; Metro line C (Croix-Rousse station).
04 72 98 23 50

Lyon Free VTT
Mountain bike in the city!
A mountain-bike circuit in the centre of Lyon, with tracks running through parks, along the river embankments, the ‘traboules’ (secret passageways) of the Old Town and Fourvière. 3 circuits of 28 or 59 kms, adapted according to your level: expert, sporty, beginner. Open to all: www.lyonfreevtt.com

October

Festival Lumière
A week to discover or rediscover old films, digitally restored and new copy projected. A mix of classic, rare and popular cinema.
04 78 78 18 95
www.festival-lumière.org

The «Sens Interdits» International Theatre Festival
Launched in 2009, the Sens Interdits Festival invites artists from all horizons on the themes of memory, identity and resistance.
www.sensinterdits.org

Salon de l’Automobile
(odd-numbered years)
Ten days of entertainment, shows, exhibitions and competitions on the theme of the automobile in all its forms.
04 72 22 33 44
www.salon-automobile-lyon.com

Run in Lyon
A veritable runners’ festival, each year Run in Lyon organises a series of races in the centre of Lyon. It’s a great opportunity to discover or rediscover the Lyon’s most beautiful sites. You run according to your level: 10 km, semi-marathon or full marathon. Open to all; beginners or experiences runners.
09 69 36 88 21
www.runinlyon.com

November

Beaujolais Nouveau
A celebration of the launch of the year’s new wines on the third Thursday of November each year.
04 72 10 30 30

‘Mode d’Emploi’ Festival
(The ‘How To…’ Festival)
A ‘festival of ideas’, this event brings together thinkers, researchers, decision makers, entrepreneurs, public figures, artists and the public to reflect upon today’s world. On the agenda: debates, shows and talks with guests.
04 78 27 02 48
www.villagillet.net
December

Fête des Lumières
In the evening of 8 December (feast of the Immaculate Conception) since 1852, the people of Lyon light candles in their windows in homage to the Virgin Mary. For four days, buildings in every part of the city and its principal sights and monuments are illuminated, and attract over 3 million visitors per year.

www.fetedeslumieres.lyon.fr

Also see www.culture.lyon.fr/culture (Ministry of Culture), www.lyon-france.com (Tourist Information Centre).
NEWSPAPERS, MAGAZINES AND PRESS IN FOREIGN LANGUAGES
To stay informed of what is happening at home and worldwide in your own language.

MC Lyonnais
4 place des Terreaux
69001 Lyon
04 78 28 40 59
English, Spanish, Italian, German and Turkish newspapers.

656 Editions
1 place Tobie Rebatel
69001 Lyon
04 78 30 41 73
Subscriptions to Spanish and Italian magazines

Guemon
52 avenue du Point du Jour
69005 Lyon
04 72 57 09 22
English, Spanish and Italian newspapers

Open on Sundays

Relais H
Gare Perrache
69002 Lyon
04 78 37 47 08
Gare Part-Dieu
69003 Lyon
04 72 34 08 02
English, Spanish and Italian newspapers and magazines.

Open on Sundays

Agora Presse et Cætera
3 avenue Adolphe Max
69005 Lyon
04 78 38 31 03

Other addresses:
AFP Agence France Presse
10 rue Stella
69002 Lyon
04 78 38 73 40
www.afp.com

Club de la Presse
5 rue Pizay
69001 Lyon
04 78 37 75 45
www.clubpresse.com

RADIOS
In Lyon, you can listen to around 40 French and foreign radio stations.

Le Mouv’ 87.8
RCF Lyon Fourvière 88.4
Virage Radio 89.3
Lyon Première 90.2
Scoop 92.0
Nostalgie 92.9
BFM 95.3
Radio Espace 96.9
Fréquence Jazz 97.3
France Musique 98.0 - 92.4
Virgin Radio 100.3
France Inter 101.1 - 99.8
Sun Frm 101.5
NRJ 103.0
Europe 1 104.6
France Info 105.4 - 103.4
Radio Italienne 105.8
Radio Orient 106.7

INTERNET
Cybercafés - Internet Zones
Some bars, restaurants and places of passage offer internet connections via interactive terminals or wireless wifi connections, indicated with a logo.

Raconte-moi la Terre: Internet area
14 rue du Plat
69002 Lyon
04 78 92 60 22
Monday 12 noon to 7:30 pm. Tuesday to Saturday 10 am to 7:30 pm.
www.racontemoilaterre.com

Starbucks Coffee
2 rue de la République
69001 Lyon
04 78 27 44 21
Monday to Friday 6:45 am - 8:30 pm, Saturday and Sunday 8 am - 8:30 pm.
Internet service providers

Internet, telephone and TV access - all you need to connect to the world.

Alice
1033
www.alicebox.fr

Free
1044
www.free.fr

Numéricable
1055
www.numericable.fr

Orange
1014 / www.orange.fr

SFR
1023 / www.sfr.fr

TV and web TV

euronews
The leading international news channel in Europe, ahead of CNN and BBC World News, based in Lyon. www.euronews.com

CAP'TV
www.lyoncapitale.fr

TLM
www.tlm.fr
The big names can all be found in Lyon, particularly in Presqu’île, between Place Bellecour and Place des Terreaux, around the Théâtre des Célestins, Rue du Président Édouard Herriot, Rue Gasparin, Rue Émile Zola and Rue des Archers.

Antique shops are located in Rue Auguste Comte, between Perrache and Bellecour, and at the Cité des Antiquaires in Villeurbanne, next to the Tête d’Or Park.

The Part-Dieu shopping centre and the Cours Oxigène offer over 300 shops selling clothing, leather goods, household goods, cultural products and sporting equipment, alongside department stores and restaurants.

In the Préfecture quarter, along the Cours de la Liberté, you will find shops specialising in furnishings: furniture, decoration, designer goods, etc.

To the south of Perrache, the new Confluence quarter and the Carré de Soie in Vaulx-en-Velin have areas devoted to shops, services and leisure.

Le Passage Thiaffait, in the 1st arrondissement, houses a designers’ village for young fashion designers.

Centre commercial de la Part-Dieu (shopping centre)
17 rue du docteur Bouchut
69003 Lyon

Cité des Antiquaires
117 boulevard Stalingrad
69100 Villeurbanne

Le Carré de Soie
2 rue Jacquard
69120 Vaulx-en-Velin

Lyon Confluence
Leisure and shopping centre
2 rue Paul Montrochet
69002 Lyon

Passage Thiaffait
19 rue René Leynaud
69001 Lyon
MARKETS

LYON HAS TRADITIONAL MARKETS IN ALL QUARTERS, SELLING FRESH PRODUCE FROM ALL OVER THE REGION: FRUIT, VEGETABLES, MEAT AND CHEESE, SOLD DIRECTLY BY THE PRODUCER.

Food markets
Bénédict Tessier
Place Bénédict Tessier
69005 Lyon
Tuesday and Friday 6 am - 1 pm

Jean Macé
Place Jean Macé
69007 Lyon
Wednesday and Saturday
6 am - 1:30 pm

Saint-Antoine Célestins
Quai Saint-Antoine
69002 Lyon
Daily except Monday
Tuesday, Wednesday and Thursday
6 am - 12:30 pm, Friday, Saturday
and Sunday 6 am - 1:30 pm

Victor Augagneur
Quai Victor Augagneur
69003 Lyon
Tuesdays, Wednesdays and
Thursdays from 6:00 am to 12:30 pm
Thursdays from 2:00 to 7:30 pm
(Evening market)
Fridays, Saturdays and Sundays
from 6:00 am to 1:30 pm

IN indoor MARKETS

Les Halles de la Martinière
Built in 1840 on part of the Place de la Martinière, now known as Place Gabriel Rambaud in the 1st arrondissement of Lyon. For horse meat, fruit, vegetables and cheeses.
Rue de la Martinière
69001 Lyon

MISCELLANEOUS MARKETS

LYON ALSO OFFERS SPECIALISED MARKETS, SUCH AS THE FLOWER, ANIMAL, BOOK, STAMP AND OLD DOCUMENT MARKETS.

Marché de la création
Quai Romain Rolland
69005 Lyon
Sunday 8 am - 1:30 pm

Postage stamp market
Place Bellecour
69002 Lyon
Sunday 8:30 am - 12:30 pm
Christmas market
Place Carnot - 69002 Lyon
End of November to 24th December.
Open every day 10:30 am to 8 pm
(10 pm on Saturdays and during the Festival of Lights).
8th December open until 11 pm
and 24th December until 4 pm.

Booksellers’ market
Quai de la Pêcherie
69001 Lyon
From Monday to Sunday
9 am - 9 pm

Animal market
Place Carnot - 69002 Lyon
Sunday 8 am - 12 noon on the western side of Place Carnot,
between rue Condé and rue Général Plessier.

Puces du Canal Flea Market
France’s 2nd largest flea market,
with 400 exhibitors
Thursdays from 7:00 am to 12:00 noon
Saturdays from 8:00 am to 3:00 pm
Sundays from 7:00 am to 3:00 pm
3, rue Eugène Pottier
69100 Villeurbanne
www.pucesducanal.com
04 72 04 65 65

ORGANIC SHOPS AND MARKETS
EATING ORGANIC IS EASY IN LYON.
ORGANIC PRODUCE CAN BE FOUND IN SUPERMARKETS, AT MARKETS OR IN SMALL SHOPS, THANKS TO THE LARGE NUMBER OF LOCAL PRODUCERS AND DISTRIBUTORS.

Shops
Biocoop
32 rue du Plat - 69002 Lyon
04 78 42 09 46

Dietetic Center
25 rue du Président Edouard Herriot - 69001 Lyon
04 78 28 51 06

L’eau vive
65 rue Victor Hugo - 69002 Lyon
04 72 40 02 24

Orexis bio
10 rue Chavanne - 69001 Lyon
04 78 28 52 52

Satoriz
100 avenue Général Leclerc
69300 Caluire
04 37 40 13 88 - www.satoriz.fr

Marché biologique
Saint-Jean
Place Édouard Herriot, Étoile de la Croix-Rousse
69001 Lyon
Saturday
6 am - 1:30 pm

Markets
Marché biologique
Place Valmy
69005 Lyon
Tuesday 6 am - 1 pm

Marché biologique
Place Henri
69003 Lyon
Wednesday
6 am - 12:30 pm

Marché biologique
Ambroise Courtois
Place Ambroise Courtois - 69008 Lyon
Wednesday 3 pm - 8 pm

The full list of markets and their contact details is available from Le Petit Paumé des Marchés, at www.petitpaume.com/marches
PRODUCTS FROM FRANCE AND ABROAD

Bahadourian
20 rue Villeroy
69003 Lyon
04 78 60 32 10
Halles Paul Bocuse
102 cours Lafayette
69003 Lyon
04 72 84 86 86
Produce and spices
of the world
www.bahadourian.com

Best Bagels Company
1 place Tobie Rebatel
69001 Lyon
04 78 27 65 61
Grocery - restaurant
North American products
www.bestbagels.fr

China Express
4 rue Pasteur
69007 Lyon
04 72 72 98 24
Chinese supermarket

L’Univers du Japon
81 rue Tronchet
69006 Lyon
04 72 43 05 28
www.universdujapon.com
Japanese groceries, tableware, clothing

Madras Bazar
5 & 7 rue Sébastien Gryphe
69007 Lyon
04 72 73 20 14
www.madras-bazar.com
Imported products from India, Pakistan, Ceylon, Africa, French overseas territories, Mauritius, La Réunion, Thailand, China, Great Britain.

Produits d’Italie
6 rue Duviard
69004 Lyon
04 78 28 57 79
Cold meats, cheeses, wines, fresh and dried pasta

Supermarché Asie
12 rue Passet
69007 Lyon
04 78 58 92 65
Products from China, India and Japan

Little Britain
12 boulevard des Brotteaux
69006 Lyon
04 78 26 51 13
www.littlebritain-lyon.fr
Fine foods from the English-speaking world

Topkapi
17 rue Voltaire
69003 Lyon
04 78 60 38 17
Fine groceries from Turkey

Le Pain de Sucre
24 cours Lafayette
69003 Lyon
04 78 82 78 63
www.produitsbresiliens-lyon.fr
Grocery products from Brazil

Ber’Ezka
49, rue Franklin
69002 Lyon
09 81 35 96 39
& Les Délices de la Caspienne
49 avenue Felix Faure
69003 Lyon
04 78 62 73 86
www.magasinrussealyon.com
Groceries from Eastern Europe

Downtown Brooklyn
17 rue Childebert
69002 Lyon
04 82 33 41 61
www.epicerieamericaine.fr
Foods straight from the USA

SPORT AND WELLBEING
The women of Aderly share their beauty and wellness favorite places to go!

**BEAUTY SALONS AND HAIRDRESSERS**

**Beauty salons**

PAMPER YOURSELF IN LYON’S WIDE RANGE OF RELAXATION AND BEAUTY SALONS. ALL THE WELL-KNOWN CHAINS ARE PRESENT, SUCH AS INSTITUT MARIONNAUD (WWW.MARIONNAUD.COM), CITRON VERT (WWW.CITRON-VERT.FR), YVES ROCHER (WWW.YVES-ROCHER.FR), AMONGST OTHERS. WE ALSO RECOMMEND:

**Calicéo**

4,000 square metres offering water fitness area (aquagym, aquabiking), beauty, massages and treatments and 4 warm water pools.

**IvoirEbène**

Face and body treatments, hair removal, make-up, hammam, scrubs and massages, world baths, all at the heart of Lyon. Beauty and relaxation area. A cosmopolitan centre for all the women of the world.
85 grande rue de la Croix-Rousse 69004 Lyon 04 78 30 56 35

**Les Bains de l’Opéra**

Hammam, scrubs and massages. This magical place, covering over 300 m², is an invitation on a journey where everything is designed for your pleasure and relaxation. Open on Sundays
20 rue Joseph Serlin 69001 Lyon 04 78 29 16 54 www.lesbainsdelopera.com

**Lola Menthe**

The beauty counter. Discover a painless French hair removal technique, based on natural wax, exclusively at Lola Menthe. Appointments not always necessary.
21 rue Childebert 69002 Lyon 04 78 38 33 19

**I-Way: Recreation complex**

Take your body and your mind to a world of gentleness dedicated to the pleasure of the senses and to relaxation.
4-6 rue Jean Marcuit 69009 Lyon 04 37 50 28 59 www.i-way.fr

**Hairdressers**

**Isabelle & Gilles Marciano**

39 rue de la Bourse - 69002 Lyon 04 78 37 88 14

**Marcapar**

Here the hair stylists use 100% natural products
2 avenue du Doyenné - 69005 Lyon 04 78 37 48 65

**R Apparence**

28 rue Imbert Colomès 69001 Lyon - 04 78 28 30 38

**Raphael Coiffure**

3 rue du Bât d’Argent - 69002 Lyon 04 78 42 44 67

**Hair Box**

26 rue Jean Baptiste Say 69001 Lyon - 04 78 27 37 19

You will also find branches of the big names in hairdressing, such as:

**Dessange**

www.dessange.com

**Fréderic Moreno**

www.frederic-moreno-coiffure.fr

**Jean Louis David**

www.jeanlouisdavid.com
GYMS

L’Appart Fitness Préfecture
Combining workouts and martial arts. 17 martial arts and combat sports, top-of-the-range equipment, and 100 classes per week to meet your objectives for weight loss, improving back pain, toning up and improving fitness.
4 rue Pravaz
69003 Lyon
04 78 62 25 04
www.l-appart.net

Elixia
Classes and personalised programmes for staying in shape or de-stressing.
2 locations:
100 cours Gambetta
69007 Lyon
04 72 73 04 49
56 rue Paul Verlaine
69100 Villeurbanne
04 37 43 32 32
www.elixia-france.com

Lady Fitness
A programme exclusively for women, with a complete and varied workout that changes every 2 weeks: weight loss, body bust, firm buttocks, shapely thighs and flat stomach.
5 centres in Lyon, addresses on the website: www.ladyfitness.fr

L’Appart Health and Fitness
Take the time to relax and get fit in a unique and cozy environment, with personalised coaching and high-tech equipment.
81 rue de la République
69002 Lyon
04 78 37 93 16
www.l-appart.net

Cadanse Fitness et Danse
12 rue Pizay
69001 Lyon
04 78 28 18 61
A fitness room, group dance classes (hip-hop, jazz...) and fitness (traditional gym, zumba, step, pilates, yoga...).
dansefitnesslyon.fr/

FOOD AND DRINK
THE RESTAURANTS THAT WE RECOMMEND

Starred restaurants

***L’Auberge du Pont de Collonges
Try the «V.G.E.» black truffle soup, the legendary dish created here in 1975 by Paul Bocuse in homage to the then French President Valéry Giscard d’Estaing. Note in the entrance hall the array of «Meilleurs Ouvriers de France» certificates (French Craftsmanship awards) won by the restaurant.
40 rue de la plage
69660 Collonges au Mont d’Or
04 72 42 90 90
www.bocuse.fr

**Auberge de L’Île
A prestigious restaurant which has been awarded two Michelin stars since 2002, located in a beautiful setting on the banks of the Saône on the little Île Barbe. The chef, Jean-Christophe Ansanay-Alex, offers pure and creative cuisine in a menu which changes each month.
Place Notre Dame
69009 Lyon
04 78 83 99 49
www.aubergedelile.com

**Guy Lassausaie
A Michelin-starred chef, winner of the French craftsmanship award (Meilleur Ouvrier de France) in 1993, serves a refined cuisine of discovery in his gastronomic restaurant close to Lyon.
1 rue de Belle Sise
69380 Chasselay
04 78 47 62 59
www.guy-lassausaie.com

**La Mère Brazier
La Mère Brazier, emblematic restaurant founded in 1921 by Eugénie Brazier was taken up by Mathieu Viannay, French craftsmanship award winner, in 2008. The menu varies each month in keeping with seasonal produce.
12 rue Royale - 69001 Lyon
04 78 23 17 20
www.lamerebrazier.fr

*La Rotonde
A few minutes from Lyon, this two-starred restaurant offers a cuisine of «colour, aroma and flavour». Cookery classes for adults, «gastrogones» cookery classes for children and wine appreciation classes are available.
3 avenue Georges Bassinet
69260 Charbonnières-les-Bains
04 78 87 79 79
www.pavillon-rotonde.com

*L’Alexandrin
Awarded a Michelin star in March 2008, with vegetables prepared with care, expertly dosed spices, offering both meat and fish dishes, so everyone can find their idea of a delicious meal.
83 rue Moncey
69003 Lyon
04 72 61 15 69
www.lalexandrin.com

*Le gourmet de Sèze
Michelin starred since 2002, chef Bernard Mariller offers precise cuisine using seasonal produce. The menu changes weekly.
129 rue de Sèze - 69006 Lyon
04 78 24 23 42
www.le-gourmet-de-seze.com

*Les Terrasses de Lyon
La Villa Florentine’s gastronomic restaurant. A harmonious combination of creativity and tradition which earned its chef, Davy Tissot, a Michelin star and a French craftsmanship award («Meilleur Ouvrier de France») in 2004.
25 montée Saint-Barthélémy
69005 Lyon
04 72 56 56 02
www.villaflorentine.com
*Les Trois Dômes*
Gastronomic cuisine with beautiful panoramic views over Lyon and the Rhône.
20 quai Gailleton
69002 Lyon
04 72 41 20 97
www.les-3-domes.com

*Pierre Orsi*
A former apprentice under Paul Bocuse, Pierre Orsi won a French craftsmanship award («Meilleur Ouvrier de France») in 1972. Since 1975, his restaurant has offered flash-cooked foods, served with reductions of sauces to intensify the flavours.
The menu is dominated by fish.
3 place Kléber
69006 Lyon
04 78 89 57 68
www.pierreorsi.com

*Têtédoie*
Service until 9.30 pm. Private car park on request.

Montée du Chemin Neuf
69005 Lyon
04 78 29 40 10
www.tetedoie.com

**Gastronomic cuisine and brasseries**

**Le Zucca**
Discover Italian cuisine.
Hôtel Marriott
70 quai Charles de Gaulle
69006 Lyon
04 78 17 50 50

**Brasserie Georges**
«Good beer and good food since 1846», a justified motto for the oldest Brasserie in the city, a veritable institution in Lyon.
It has survived one Empire, three wars and four republics. It is also one of the largest in the city with a 700m² restaurant, seating over a thousand customers. Sauerkraut, steak tartare and fruits de mer are available à la carte, alongside home-brewed beers.
30 cours de Verdun - 69002 Lyon
04 72 56 54 54
www.brasseriegeorges.com

**Brasserie Léon de Lyon**
In March 2008, chef Jean-Paul Lacombe opened his new brasserie on the site of the Petit Léon and the famous Léon de Lyon, offering a fresh and light cuisine.

Open every day.
1 rue Pléney - 69001 Lyon
04 72 10 11 12
www.leondelyon.com

**Brasseries Bocuse**
There are 6 Bocuse brasseries in Lyon: le Nord, Le Sud, L'Est, L'Ouest, Fond Rose and Marguerite.
www.nordsudbrasseries.com
- **Le Nord** (traditional cuisine)
  18 rue Neuve - 69002 Lyon
  04 72 10 69 69
- **Le Sud** (food of the sun)
  11 place Antonin Poncet
  69002 Lyon - 04 72 77 80 00
- **L'Est** (cuisine from abroad)
  14 place Jules Ferry - 69009 Lyon
  04 37 24 25 26
- **L'Ouest** (tropical cuisine)
  25 chemin de Fond Rose
  69300 Caluire
  04 78 29 34 61
- **Fond Rose** (traditional seasonal cuisine)
  25 chemin de Fond Rose
  69300 Caluire
  04 78 29 34 61
- **Marguerite** (refined French cuisine)
  57 avenue des Frères Lumière
  69008 Lyon
  04 37 90 03 00
Buldo
Located on the banks of the Saône opposite the Île Barbe, this restaurant offers refined French cuisine and a terrace on a pontoon, sun loungers and good music. Riverbank specialities.
Open Tuesday to Sunday.
2 quai Raoul Carrié
69009 Lyon
04 78 83 99 41
www.buldo.net

Le Caro de Lyon
For thirty years, this restaurant has offered a welcoming decor with bookcases, fireplace and a collection of books.
25 rue du Bât d’Argent
69001 Lyon
04 78 39 58 58
www.lecarodelyon.fr

Le Passage
Restaurant offering exceptional quality cuisine in a warm, retro atmosphere. A former bistro in the quarter where Édouard Herriot spent his evenings.
8 rue du Plâtre
69001 Lyon
04 78 28 11 16
www.le-passage.com

Le Potiquet
A little tour around Provence, with fashionable, sun-drenched cuisine. Half of the menu is fish-based.
27 rue de l’Arbre Sec
69001 Lyon
04 78 30 65 44

Restaurant Le Théodore
An atmosphere reminiscent of the late 19th century, and an inventive, contemporary and creative menu that changes with the seasons.
Open Monday to Saturday lunchtimes and evenings
Service until 10.30 pm
34 cours Franklin Roosevelt
69006 Lyon
04 78 24 08 52

Les Muses de l’Opéra
Located on the 7th floor of the Opéra de Lyon, offering decor in sympathy with the building’s architecture and refined and varied cuisine. Fantastic views over the Hôtel de Ville and the slopes of the Croix-Rousse and Fourvière.
1 place de la Comédie
69001 Lyon
04 72 00 45 58

Maison Villemanzy
A refined bistro offering dishes made with fresh local produce. Located on the slopes of Croix-Rousse, terrace with fabulous panoramic views. A chic brasserie.
25 montée Saint-Sébastien
69001 Lyon
04 72 98 21 21
www.maison-villemanzy.com

Family cuisine
Au Comptoir d’Alice
At the heart of the 6th arrondissement, this restaurant offers fresh market produce. A menu is written on a blackboard. Perfect while having a pre-meal drink. Open Monday to Friday lunchtime.
42 rue Duguesclin
69006 Lyon
04 78 89 35 22

L’Étage
A calm atmosphere and a menu that changes with the seasons. Always offers fish, salads and meat dishes. Open Tuesday to Saturday, 12 noon to 9.30 pm.
4 place des Terreaux
69001 Lyon
04 78 28 19 59
Restaurant de Fourvière
Lyonnais specialities and the home made foie gras are recommended to accompany the breathtaking view.
Open every day for lunch and dinner.
9 place de Fourvière
69005 Lyon
04 78 25 21 15

L’Ourson qui boit
A small restaurant run by a Japanese couple, offering a highly sophisticated fusion of Japanese specialities and French and Italian flavours. There are only a few tables, so booking is essential. Open every day except Wednesdays. Check opening hours before arriving.
23 rue Royale - 69001 Lyon
04 78 27 23 37

Restaurant de la Tour Rose
An air of Tuscany at the heart of Saint-Jean in this gourmet restaurant offering a fusion of culinary tradition and flavours from around the world. An exceptional atmosphere of refinement and elegance.
22 rue du Bœuf - 69005 Lyon
04 78 92 69 10
www.latourrose.fr

Bouchons (restaurants serving local specialities)

Brunet
High quality, traditional Lyonnais and regional cuisine and a choice of over 180 wines. Unmissable for discovering Lyonnais gastronomy.
23 rue Claudia
69002 Lyon - 04 78 37 44 31

Café des Fédérations
One of Lyon’s oldest and most famous restaurants with a charming, old-fashioned decor: red-and-white check tablecloths, old photos on the walls and sausages hanging over the counter. The chef takes orders from customers himself, and prepares high quality traditional cuisine. Open Monday to Saturday for lunch and dinner, and Sunday only for lunch.
8-10 rue Major Martin
69001 Lyon - 04 78 28 26 00
www.lesfedeslyon.com

Chez Hugon
At the heart of the city is this former family house offering flavoursome Lyonnais cuisine. Traditional dishes served in a friendly and welcoming atmosphere. Closed at weekends.
12 rue Pizay
69001 Lyon - 04 78 28 10 94

Daniel et Denise
Joseph Viola, winner of a French Craftsmanship award (Meilleur Ouvrier de France) in 2004, and his wife offer authentic and modern cuisine.
156 rue de Créqui
69003 Lyon - 04 78 60 66 53
www.daniel-et-denise.fr

Daniel et Denise (Saint-Jean)
36 rue Tramassac - 69005 Lyon
04 78 42 24 62

La Meunière
An authentic Lyonnais bouchon with cuisine to tempt you with its numerous local hot specialities, such as andouillette, gras doubles, gâteau de foie de volaille, quenelle de brochet and tête de veau, as well as homemade desserts.
11 rue Neuve - 69001 Lyon
04 78 28 62 91

Le Garet
1930s style for this restaurant that Jean Moulin, the Resistance leader and hero, often visited for lunch. A cuisine infused with Lyonnais tradition. Homemade desserts. Closed at weekends.
7 rue du Garet - 69001 Lyon
04 78 28 16 94
World cuisine

**Chez Terra**
A calm and discreet atmosphere accompanies varied Japanese cuisine with a diverse range of dishes in this out-of-the-ordinary Japanese restaurant.
An unmissable restaurant in Lyon for fans of Japanese cuisine and for those resistant to raw fish.
81 rue Duguesclin - 69006 Lyon
04 78 89 05 04

**La Jonque d'Or**
À la carte Vietnamese specialities, such as steamed dishes and soups. The Vietnamese fondue is prepared to order and is the perfect accompaniment to exotic drinks mad with soya or coconut milk, and Chinese, Vietnamese or Thai beers.
20 rue Pasteur - 69007 Lyon
04 78 72 39 43

**Le Petit Persan**
An unmissable, authentic Iranian restaurant offering subtly spiced and aromatic dishes, such as chuck steak marinated in herbs and dried lime with saffron Persian rice, followed by a coconut mousse with rose petal extract.
8 rue Longue - 69001 Lyon
04 78 28 26 50
www.lepetitpersan.fr

**Tomo**
7 rue Pierre Corneille
69006 Lyon
04 78 41 84 60
Clean and simple setting with wooden counter for a fine Franco-Japanese cuisine.

**Les Chats Siamois**
Refined Thai cuisine and a warm welcome. For a genuine Thai meal, both in terms of flavour and the dining experience. Closed on Saturday lunchtimes and Sundays. Online booking also available.
4 petite rue des Feuillants
69001 Lyon
04 78 39 34 72
www.leschatsamaiso.com

**Pizzeria Napoli**
Thin crust home made pizzas cooked in a wood-fired oven, in true Italian tradition. The pasta and meat dishes, as well as the ice creams, are just as good.
45 rue Franklin - 69002 Lyon
04 78 37 23 37

**Rivière Kwaï**
Prawn soup, chicken kebabs with peanut sauce, red curried duck breast, all the Thai national specialities under one roof. A «lounge» style atmosphere, with soft lighting and gentle music. Open kitchen.

7 rue Chavanne
69001 Lyon
04 72 00 87 11

**Sambahia**
A Brazilian atmosphere with traditional music and exotic cuisine (feijoada, coconut milk, crab soufflé). Concerts to a samba beat take place on Friday and Saturday evenings.
13 rue Doyné - 69005 Lyon
04 78 37 82 10

**Sapori e Colori**
Don't miss their truffle ravioli! Fresh produce, excellent pasta and clams and original combinations.
200 rue de Créqui
69003 Lyon
04 27 78 68 08

**Sol Café - Espagne**
A wide choice of fish-and-meat-based dishes, a variety of generous salads, often served with tortillas. Grilled king prawns, Catalan chicken, tapas and the famous paella.
28 rue du Bœuf
69005 Lyon
04 72 77 66 69

**Tartufo**
Cuisine from several regions of Italy, only open on weekday lunchtimes. An appealing choice of starters, as well as pasta...
and meat dishes. Groups by reservation in evenings
37 rue Sainte-Hélène
69002 Lyon
04 78 37 22 42
www.restaurant-tartuffo.com

PUBS, CAFÉS, BISTROS

Broc’ Bar
The best terrace in Lyon to relax and spend time with friends. An atmosphere of holidays under the tree, ideal to eat a lunchtime sandwich, have an afternoon or evening drink, with welcoming service from the owners.
20 rue Lanterne
69001 Lyon
04 78 30 82 61

Café 203
Free Internet terminal and wifi. Lunchtime, evening, takeaway and aperitif deals, made with fresh market produce. Homemade pastries.
Open daily 7 am - 2 am.
9 rue du Garet
69001 Lyon
04 78 28 66 65
www.cafe203.com

Le Baryton
Jazz music every evening and concerts each Thursday and Saturday. Relax on the street terrace. Food (made with fresh market produce) available Monday to Saturday 12 am - 2:30 pm and 7 pm - 10:30 pm. Also open on Sundays 3 pm - 1 am.
30 rue de l’Arbre Sec
69001 Lyon
04 78 28 34 41
www.le-baryton.fr

Le Ninkasi
A full menu with fish, meat, burgers and chips, giant salads, desserts and home brewed beers.
DJ evenings and concerts by artists from the region.
Ninkasi Gerland:
267 rue Marcel Mérieux
69007 Lyon
04 72 76 89 00
www.ninkasi.fr

Le Wallace
A Scottish pub for fans of whisky (over 200 varieties, including 170 single malts), and football and rugby, with giant screens showing live matches.
Restaurant open daily.
Brunch available on Saturdays and Sundays.
Open 7 days, 11 am - 2 am.
2 rue Octavio Mey
69005 Lyon
04 72 00 23 91
www.wallacebarlyon.com

The Smoking Dog
A typically British pub with books lining the walls and traditional panelled interior, darts and general knowledge quiz every Tuesday evening.
16 rue Lainerie
69005 Lyon
04 78 28 38 27

Saint James
A pub offering beers and 30 different whiskies, a billiard table in the basement and sport on giant screens. Typically Irish, with celebrations for St Patrick’s Day.
19 rue Saint-Jean - 69005 Lyon
04 78 37 36 70

HOME DELIVERIES

Alloresto.fr
www.alloresto.fr

Pizza City
www.pizzacity.fr

Speed’Apero
www.speed-apero.com

Station Pizza
www.stationpizza.com

Matsuri
www.matsuri.fr

[Ze]Sushi
www.zesushi.fr

Take Eat Easy
www.takeeateasy.fr

Foodora
www.foodora.fr

Tok Tok Tok
www.toktoktok.com

Other restaurants, bars, pubs and bistro listings can be found at:
www.lyonresto.com
www.pagesjaunes.fr
www.petitpaume.com
www.visiterlyon.com
TOURISM AND PLACES TO VISIT
PARKS

FANCY A WALK, SOME EXERCISE, A PICNIC, OR ALL THREE, IN THE FRESH AIR? LYON’S PARKS ARE OPEN TO ALL THESE ACTIVITIES, AND ALL FOR FREE!

Parc de la Tête d’Or
Open since 1857, this is an immense landscaped park of 105 hectares with a 16-hectare lake, a zoo with big cats, primates, an African plain and botanical gardens housing thousands of plants including some in the 19th century greenhouses.

Metro line A - Masséna station
Bus C1 - Parc Tête d’Or stop
Open 6:30 am - 8:30 pm from 15 October to 14 April.
Open 6:30 am - 10:30 pm from 15 April to 14 October.

Le Parc de Gerland
Located in the south of Lyon, this park is dedicated to leisure, sports and enjoying nature.
Enjoy the three types of gardens: The picnic area, the children’s playgrounds and the bird garden.
Also visit the Maison des Fleurs, with an exhibition on gardening and the world of horticulture;
or the chromatic garden, which uses coloured lighting and sound effects to highlight the vegetation.
24 Allée Pierre de Coubertin
69007 Lyon
Metro line B
Stade de Gerland station
Bus: Line 60
Université Lyon 1 / Gerland stop
Open daily 6:30 am - 8:30 pm from 15 October to 14 April, and 6:30 am to 10:30 pm from 15 April to 14 October.

Parc des Hauteurs et jardins du Rosaire
A city park located on the Fourvière hill, with sloping paths linking it to the banks of the Saône.
The garden houses botanical collections of old roses, hydrangeas and fruit trees. One of the most beautiful panoramas in the city, with uninterrupted views over the Presqu’île, the rivers and monuments.
Open 9 am - 6 pm (Rosaire gardens).
Esplanade de Fourvière
69005 Lyon
Cable car - Fourvière stop

Parc de Parilly
Located between Bron and Vénissieux, this park offers 178 hectares of woods and sports areas where athletes and families can enjoy nature and have fun.
Boulevard Émile Bollaërt
69500 Bron
Metro line D - Parilly station
Tram line 2 - Parilly - Université stop
Open daily between May 1 and September 30 7 am - 8 pm and October 1st and April 30 8 am - 6 pm.

Berges du Rhône
On the banks of the Rhône, this a 5km long area covering a total of 10 hectares is reserved for walkers and more energetic sports with paddling pool, skate park, playground, pétanque strips etc. For walks with magnificent views, linking the Tête d’Or park and the Gerland park.
Metro Line D - Guillotière station - Tram line 1 - Guillotière stop.

Parc de Miribel Jonage
10 minutes from the centre of Lyon is this 2,200-hectare park of well-preserved nature, including 15 hectares dedicated to sport and a 350-hectares lake, the largest lake in the Lyon region. Also a 9-hole golf course,
tennis courts, climbing, rowing, canoeing, etc.
Subscriptions available, multi-sport cards and initiation or improvers’ courses for all.

69120 Vaulx-en-Velin
04 78 80 56 20
Open 7 days a week.

By bus, there is a seasonal route (83) from early April to mid-September, leaving from metro line A, Vaulx-en-Velin La Soie terminus. By car, take the A42 towards Geneva, exit 4 signposted Parc de Miribel Jonage.
Eastern Ring road (Rocade Est) take exit 5 signposted Parc de Miribel Jonage. Or by bike via the cycle path from the Parc de la Tête d’Or.

www.grand-parc.fr

Parc Sergent Blandan
37 rue du Repos
69007 Lyon
At the crossroads of Lyon’s 3rd, 7th and 8th districts, this 17-hectares park is divided into 3 large areas: a multi-purpose space to the north, an oasis on the fortifications in the center, and an ecological discovery area to the south.
Open daily
From 6:30 am to 8:30 pm from 15 October to 14 April
From 6:30 am to 10:30 pm from 15 April au 14 October

Tramway Line 2, ‘Route de Vienne’ station

Saône River Embankments
50 km of riverbanks stretching over 14 towns in the metropolitan area, including 5 districts of the City of Lyon.
www.lesrivesdesaone.com

For more information on Lyon’s parks, see www.lyon.fr, «Culture et Loisirs» section.

TOURISM

LYON WAS LISTED AS A UNESCO WORLD HERITAGE SITE IN 1998, HONOURING ITS 2,000 YEARS OF UNINTERRUPTED HISTORY AND ITS WELL-PRESERVED BEAUTY AND SPLENDOUR FROM THE ROMAN ERA. THE PEOPLE OF LYON ARE PROUD OF THEIR HERITAGE AND INVITE YOU TO APPRECIATE AND (RE)DISCOVER THE CITY IN NEW WAYS.

Historical quarters
How about a walk in the city to learn more about the history of Lyon? Explore the city’s picturesque and authentic quarters.

Croix-Rousse
An original quarter located on a hill of the same name, marked by its past as a silk industry hot spot and occupied by the Canuts.
Also known as «the working hill», due to workers building their workshops here.

We can distinguish Les Pentes (part of the 1st arrondissement) from the Plateau (4th arrondissement), culminating at 254 metres, a residential area with a village atmosphere.

Some unmissable parts:

• The slope of «La Grande Côte»: one of the paths linking the Terreaux quarter with the Croix-Rousse plateau and which follows the natural route used since prehistoric times.

• Les Trois Gaules amphitheatre: built around the year 19 AD, this is one of the oldest Gallo-Roman amphitheatres and witnessed the first Christian martyrs persecuted by the Romans. It is presumed to be where the martyr St Blandine was thrown to the lions.
La Cour des Voraces: the courtyard of a Lyon apartment block located on Les Pentes and a symbol of the silk industry, built around 1840 and celebrated for its grand staircase. Also known as the «Maison de la République», as it was used as a refuge for the canuts during their revolts.

Vieux-Lyon: Renaissance quarter
A medieval and Renaissance quarter with 2,000 years of history between the Fourvière hill and the Saône river, split into three quarters: Saint-Georges, Saint-Jean, Saint-Paul. Museums, churches, shops, restaurants and craft workshops are all part of the historic heart of the capital of Gaul.

Antique Quarter and Fourvière
Known as the «praying hill» due to the religious groups that congregated here from 16th century and the Basilica of Notre-Dame de Fourvière built in 19th century, which has become a symbol of the city.

It was on this hill that were discovered vestiges of the Roman town, of a place where citizens came to deal with political and legal affairs.

There is also an area of archaeoological treasures, consisting of:

- The ancient theatre of Fourvière, considered to be the oldest in Gaul: at the heart of the Roman city and built in two stages: the first under Augustus, probably around the year 15 BC, and the second in the early 2nd century, under Hadrian. This was a place of performance, generally of musical theatre. Every summer this theatre is the site of the Nuits de Fourvière festival.
- The Gallo-Roman odeon of Lugdunum, close to the summit of the Fourvière hill, next to the ancient theatre; it was built in the early or mid-2nd century (there are still doubts over the dates of its origins). It was reserved for musical performances or public readings.

Traboules
These are passages crossing one or more buildings to link streets to each other, enabling residents to reach the river Saône easily to fetch water. The canuts used them to transport silk and other textiles across the city without getting wet. More recently they were used as secret passages during the revolt of 1831, and by members of the Resistance in Lyon during World War II.

There are over 500 courtyards and «traboules» - 215 in Vieux-Lyon, 163 on the Pentes de la Croix-Rousse and 130 in the Presqu’île, but only around 50 are open to the public.

More recently they were used as secret passages during the revolt of 1831, and by members of the Resistance in Lyon during World War II.

The tourist information centre has a suggested route for visiting the traboules. www.lyon-france.com

Painted Walls
These are a characteristic feature of Lyon which has become the mirror of the Lyonnais people and one of the city’s tourist attractions. Created by artists from the Cité de la Création in the early 1980s.

in Vieux-Lyon: entrance at 27 rue du Bœuf and exit at 54 rue Saint-Jean.

The tourist information centre has a suggested route for visiting the traboules. www.lyon-france.com
La Fresque des Lyonnais
The Fresque des Lyonnais represents 25 significant figures from the history of Lyon and 6 contemporary figures, and illustrates over 2,000 years of history. It covers over 800 m². At the corner of the quai Saint-Antoine and the rue de la Martinière - 69001 Lyon

La Bibliothèque de la Cité
A «theatre-library» where the actors are books. It pays homage to authors who were born in, or worked in the Lyon region. At the corner of the quai de la Pêcherie and the rue de la Platière - 69001 Lyon

Le Mur des Canuts
Painted in 1987 and partially redone in 1997, this fresco is the largest in Europe and pays homage to the silk industry. It covers around 1,200 m². Boulevard des Canuts - 69004 Lyon

Le Mur du Cinéma
A giant screen showing the history of cinemascope, in homage to the Lumière brothers who invented cinema. At the corner of the cours Gambetta and the grande rue de la Guillotière - 69007 Lyon

Le musée urbain Tony Garnier
The first «urban museum» in the world, with 24 immense frescos presenting the ideal city according to Tony Garnier. Rehabilitation work on the Cité d’Habitations à Bon Marché (HBM) des États-Unis. At the corner of the boulevard des États-Unis and the rue des Serpollières - 69008 Lyon

La Cité Idéale de Québec
This mural celebrates the 400th anniversary of Quebec, on the gable wall of the Lycée Lumière. Inaugurated in September 2008. At the corner of the rue Paul Cazeneuve and the boulevard des États-Unis - 69008 Lyon

To visit the murals, the Tourist Information Centre organises guided tours, www.lyon-france.fr

RIVER TRANSPORT
ENJOY A RELAXING CRUISE OR A TRIP WITH COMMENTARY ALONG THE RHÔNE AND THE SAÔNE:

Les Yachts de Lyon
12 quai Rambaud - 69005 Lyon
04 72 56 51 23
www.lesyachtsdeleyon.com

Lyon City Boat
2 quai des Célestins - 69002 Lyon
04 78 42 96 81
www.lyoncityboat.com

Vaporetto
River shuttle linking downtown Lyon to Confluence in less than 30 minutes. Runs daily from 10:00 am to 9:30 pm from 4 April to 31 December
3 stops:
• Saint-Paul - Hôtel de Ville: Quai de Bondy on the right bank
• Bellecour: Quai Tilsitt on the left bank
• Confluence: Marina on Quai Rambaud on the left bank.

SURPRISING TOURS OF LYON

4 roues sous 1 parapluie
Explore Lyon in an authentic and intimate way, from the back of a 2CV, the popular French car, with panoramic views afforded by its convertible roof. With driver.
0 800 800 631
www.4roues-sous-1parapluie.com

Lyon le Grand Tour
A double decker bus offering city tours with commentary in six languages via individual earphones.
04 78 56 32 39
www.lyon.opentour.com
France Aventures
The only adventure park in the heart of Lyon. Open all year.
Piste de la Sarra
Place du 158e régiment d’infanterie - 69005 Lyon
04 78 36 31 75
www.france-aventures.com

RHONE-ALPES REGION

ENJOY THE AROMAS, THE COLOURS, THE PANORAMAS AND FINE WINES THAT THE RHONE-ALPES REGION HAS TO OFFER. DO NOT MISS A TOUR OF THE VINEYARDS AROUND LYON.

To the North, the Beaujolais with its 10 grands crus. Visit this wine growing region, renowned for its wines typical of the Gamay grape variety.

To the South, the picturesque Côtes du Rhône vineyards on terraced hillsides.

To the North-East, the thousand lakes of La Dombes, perfect for fishing. And La Bresse for its gastronomy, and also for its winter sports resorts.

Ski resorts
Less than 2 hours’ drive away is the largest ski area in the world (220 resorts open summer and winter) and the highest mountain in Europe, Mont Blanc, rising to 4,807 metres. Leave the city for a day or two to explore these marvels of nature.

The closest resort is Villard de Lans, 45 minutes’ drive
www.espace-villard.correncon.fr

The furthest away is Tignes, 3 hours’ drive
www.tignes.net

The most popular with celebrities are Megève (www.megeve.com) and Courchevel (www.courchevel.com)

The largest and sportiest are Val d’Isère (www.valdisere.com), Tignes - l’Espace Killy (www.espacekilly.com), and Les 3 Vallées (www.les3vallees.com)


Find further information on resorts, tariffs, distances and passes at (amongst others):
www.tourisme.fr
www.ski-station.net
www.france-montagnes.com

Mountain lakes
Do you enjoy water sports, cruises or a refreshing summer swim? Visit the mountain lakes around Lyon.

Lac du Bourget: the largest natural glacier-formed lake in France (except Leman), located to the North of the département of Savoie.

Lac d’Annecy: one of the cleanest lakes in the world. It is the second largest lake in France (after Bourget) and a popular tourist attraction, renowned for the numerous water sports on offer.

Lac de Genève or Lac Léman: its two extremities are Swiss, but the Southern banks are French. The border passes through the middle of the lake. A perfect place for walking and fishing.

To the South of Lyon, in the départements of the Drôme and the Ardèche, explore the wild gorges, caves, vestiges of Roman architecture, fields of lavender and olive groves leading into Provence and the famous Côte d’Azur.
ALSO WORTH EXPLORING, OUTSIDE LYON:

Le Palais Idéal du Facteur Cheval
A fairy tale palace built by Ferdinand Cheval in 1879. Hauterives - Drôme
04 75 68 81 19
www.facteurcheval.com

Saint-Étienne Museum of Modern Art
Do not miss the Biennale du Design, created in 1998, offering exhibitions of modern art (even-numbered years). Saint-Étienne - Loire
04 77 79 52 52
www.mam-st-etienne.fr

Le Hameau du Vin
60km from Lyon, an attractive park which combines history of the vine with wine. Free tasting session at the end of the tour. Romanèche-Thorins Saône et Loire
03 85 35 22 22
www.hameauduvin.com

Le Hameau du Vin
60km from Lyon, an attractive park which combines history of the vine with wine. Free tasting session at the end of the tour. Romanèche-Thorins Saône et Loire
03 85 35 22 22
www.hameauduvin.com

La Ferme aux Crocodiles
8,000 m² of tropical greenhouses, over 350 crocodiles and 600 exotic plant species. Pierrelatte - Drôme
04 75 04 33 73
www.lafermeauxcrocodiles.com

Les Grottes de La Balme (caves)
La Balme Les Grottes Isère (caves)
04 74 90 63 76
www.grottes.biz

Site des Grottes de Choranche (caves)
Choranche - Isère
04 76 36 09 88
www.choranche.com

Safari Peaugres
Peaugres - Ardèche
04 75 33 00 32
www.safari-peaugres.com

Parc des Oiseaux (bird sanctuary)
Villars-les-Dombes - Ain
04 74 98 05 54
www.parcdesoiseaux.com

Musée de la Mine (museum of mines)
Saint Pierre la Palud - Rhône
04 74 70 39 66
www.musee-de-la-mine.com

Discover other places to visit in Rhône-Alpes on:
www.rhone.fr
www.loisirs-lyon.com
www.rhonealpes-tourisme.com
Allée: apartment block corridor, porch
Andouillette: kind of pork sausage, served hot
Bouchon: typical restaurant serving Lyonnais specialities, such as the tablier de sapeur, quenelles, salade lyonnaise and cervelle de canut, all generally washed down with a glass of Beaujolais or Côtes du Rhône.
Bugne: a flat doughnut shaped into a twist, eaten on Mardi Gras (Shrove Tuesday)
Canon: a small glass of wine. «Sers-moi un canon!» (pour me a canon)
Canut - Canuse: a silk weaver from Lyon in the 19th century
Cardon or carde: cardoon - a celery-like ribbed vegetable
Carimentran: Mardi Gras or a straw doll representing Mardi Gras
Caviar de la Croix-Rousse or du Puy: a lentil salad
Cervelle de canut: fromage blanc seasoned with herbs and garlic
Cheval de bronze: the statue of Louis XIV, in the middle of the Place Bellecour
Clapotons: sheep’s trotters, often served in a salad
Cochonaille lyonnaise: a pork-based dish, such as lard chaud, grattons, paquet de couenne (ironically called «pigeon ficelé» or tied pigeon), le Jésus and la rosette, rillettes and pâtés de campagne.
Crique or paillasson: grated potato cakes, pan fried
Faisselle: drained fromage frais
Ficelle: the Lyon cable car linking the quarters of Saint-Jean and Fourvière (there used to be 5 cable cars running in Lyon, today there are only two, Saint-Jean to Saint-Just and Saint-Jean to Fourvière).
Fillette: a 37.5 cl bottle of wine
Gâteau de foies de volaille: a kind of chicken liver soufflé eaten as a starter
Gnafron: a puppet character, a shoemaker, who likes to drink pots and “canons” of red wine
Gone: a child, or more generally a resident of Lyon
Gratin de cardons: oven baked cardoon with beef marrow
Gratnée lyonnaise: onion soup with croutons and cheese, particularly good when you have drunk too many “canons”!
Grattons: grilled pork fat (scratchings), served hot or cold, excellent with aperitifs
Guignol: the central character of the Lyonnais puppet theatre, created by Laurent Mourguet. The typical canut, lover of food and wine, ill-educated, with a Lyonnais accent
Jésus - Rosette de Lyon: a sausage made with the best pork and sow meat and hard pork fat, dried for 2 to 3 months.
La Ré: rue de la République (République street)
Lumignon: small candle placed in a glass and stood on windowsills on the evening of 8 December
Mâchon: a good meal, traditional morning meal
Mairie: city hall
Matefaim: a large Lyonnais pancake
Mariste (un): pupil of the Externat Sainte-Marie school in Lyon
Martin (un): pupil of the La Martinière school
Mère lyonnaise: a famous and robust cook who brings her specific character to Lyonnais cuisine. (for example: la Mère Brazier, former teacher of Paul Bocuse)
Omelette sourde: a traditional omelette into which flour is incorporated
Oreillette: see bugne
Paillasson: see crique
Pot: 46cl bottle of wine with a very thick base
Poulet Célestine: chicken sautéed with mushrooms and tomatoes, flambéed with cognac and white wine, seasoned with garlic and parsley
Quenelle: simple oblong-shaped soufflé of fish or poultry, whisked with flour or durum semolina
Sabodet and saucisson à cuire: sausage made with pig’s head and rind, to be cooked in red wine or water and eaten hot
Salade lyonnaise: curly leaf salad with bacon, croutons and soft-boiled eggs

Saucisson brioché: hot sausage cooked inside a brioche

Tablier de sapeur: a preparation of gras-double (beef tripe) in a long grilled slice

Traboule: a typically Lyonnais passage through apartment block courtyards enabling residents to get from one street to the next. Also used as a verb, «trabouler»: to pass through a traboule

Vélo’v: red self-service bicycles

Vogue: a popular festival or fair. The most famous is the Vogue des Marrons et du Vin Blanc Doux in Croix-Rousse, which takes place from late September to 11 November